



Approved in LSF board meeting
30th October, 2019
LSF president D. Doršs

LATVIAN SKI FEDERATION

VIDEO COMPETITION RULES AND REGULATIONS

1. Time, place and organizer of the competition

- 1.1. The Organizer of this video competition is Association "SKLMNTI"
- 1.2. The organizer indicates the time and place of the competition in this rules and regulations.
- 1.3. Filming for video competition can be done starting from 1st December 2020 till 7th March 2020.
- 1.4. Filming for video competition can be done every were in the world

2. Competition management

- 2.1. LSF nominates the organizer and monitors its performance.
- 2.2. Organizer determines the number of judges, appoints them, dismisses them and monitors their activities.

3. Participants

- 3.1. Participants are divided into the following groups:
 - Freestyle skiing
 - Open (born in 2010 and older)
 - Snowboarding
 - Open (born in 2010 and older)

4. Competition format

- 4.1. In the videos competitors should show their skill, style, and personality and may include lifestyle, cutaway, and interview shots in addition to action.
- 4.2. Videos must be no longer than 59 seconds (or less)! Anything longer will be cut.
- 4.3. Tricks should not be repeated, as many different trick possible.
- 4.4. Last trick in the video will be counted as the best trick.

5. Evaluation and ratings

- 5.1. Video contest judges are determined by organizers

- 5.2. The contest will be judged, and the Finalists determined, by examining the overall skill, ability, style, and potential of the contestant.
- 10 % Personality
 - 20% Technical Ability
 - 30% Style
 - 40% Overall Impression Different angle of filming and quality of video will be as bonus
- 5.3. The last trick of the video should be the best trick and will be counted as the best tricks
- 5.4. The public sympathy will be counted by video views plus likes at Instagram

6. Application for participation

- 6.1. The application must be submitted electronically by sending the link to video download electronically to the address sklmnti@gmail.com
- 6.2. In the application participant must write: Name LastName group Video Contest
- 6.3. The video fail should be named: Name.LastName_group_video.contest_entry.file
- 6.4. The application must submit to sklmnti@gmail.com by Monday 11:59pm (MST) March 13th, 2020.
- 6.5. Upon entry, the contestant grants organizer the rights to use submitted material as they see fit, in any and all mediums of distribution. Entry materials will not be returned. Online distribution or release of video submissions prior to the announcement of finalists will result in immediate disqualification of the entry.

7. Tehnical guidline

- 7.1. **Codec: H.264** A codec is the format in which your video will be encoded. Organizer accepts most major video codecs, but for best results we recommend using H.264. If you're uploading High Definition (HD) video, choose the High Profile H.264 setting instead of Main Profile. To make your uploads extra smooth, choose the following formats whenever possible: .mov or .mp4 (Please no .wmv or .avi)
- 7.2. **Frame rate: 24, 25, or 30 FPS (Constant)** organizers accepts videos with frame rates of 24 (or 23.976), 25, and 30 (or 29.97). If you know the frame rate of your footage, it's best to encode your final video at the same frame rate. Important: Always choose "constant" frame rate instead of "variable" frame rate.
- 7.3. **Bit rate: 5,000 kbit/s (720p HD) / 10,000 kbit/s (1080p HD)** Bit rate (aka data rate) controls both the visual quality of the video and its file size. In most video editors, this is measured in kilobits per second (kbit/s). When you have the option, choose a "variable" bit rate and set the target to at least 5,000 kbit/s for HD, 1080p HD footage, we recommend at a bit rate of 10,000 kbit/s.
- 7.4. **Resolution: 1920 pixels wide (HD)** The most common setting for HD video is 1920 x 1080 px (16:9 aspect ratio). You can use different aspect ratios as well, as long as it keeps with width to 1920px. And remember, we only judge your skiing. A video in 4k won't automatically qualify you for the Finals!

7.5. **Audio Codec: AAC-LC (Advanced Audio Codec)** For best results, we recommend using AAC-LC (low complexity) for the audio codec. Data rate: 320 kbit/s. For best results, encode your audio at constant rate of 320 kbit/s. Sample rate: 48 kHz For best results, set your audio sample rate to 48 kHz.

7.6. **Music/Soundtrack** You can use music from www.freemusicarchive.org or you can use music for which you have copy rites. You can use any music you like that matches your style of riding and editing. But you can also just submit shots in a raw editing style without any music, just showcasing your best bangers.

8. Safety

8.1. Each participant is responsible for his or her own safety during the filming of video and is aware of the risk and assumes responsibility for his safety.

8.2. The organizers of the competition recommend participants to purchase health and life insurance for the time of the competition.

9. Awarding

9.1. Participants of the competition are rewarded in two groups:

- skiing
- snowboarding

9.2. Participant's are competing in following categories.

- Best video
- Public sympathy
- Best trick
- Best debut

10. Advertisement

10.1. Exclusive ad placement rights are held by LSF during the competition.

10.2. All possible ad placements during this time must be harmonized with LSF.

11. The strength of the regulation and its modification.

11.1. This Regulation is in force until the next amendments.

11.2. The LSF Board is authorized to amend this regulation.