

1. posms
Īsā distance Brīvajā stilā ar intervāla startu
Official ranking
COMPETITION JURY

TECHNICAL DELEGATE	PUIDA Janis	(LAT)
T.D. ASSISTANT	BERZINS Normunds	(LAT)
CHIEF OF RACE	NIKLASS Martins	(LAT)

TECHNICAL DATA

COURSE	
HEIGHT DIFFERENCE (HD)	40 m
TOTAL CLIMB (TC)	304 m
MAXIMUM CLIMB (MC)	38 m
LENGTH OF LAP	2600 m
NUMBER OF LAPS	4
RACE DISTANCE	10,400 km

LOCATION : Cēsu Olimpiskais centrs	CATEGORY : ROL	STYLE : F
WEATHER : Cloudy SNOW : None	TEMPERATURE: SNOW : 0,0°C	AIR : 20,0°C
LIST n°123 APPLIED PENALTY: 75,71	CALCULATED PENALTY: 75,71	F = 800
Records : 28	At Start : 26 Did Not Finish : 1 Disqualified : 0	At Finish : 25

Rank	Bib	Code	Name	Year	Nation	Club	Time	Gap	Points
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Men 10,4 km (2,6 km x 4)

1	48	3550056	SLOTINS Roberts	1991	LAT	SS Arkādija	22:09.1		75,71
2	47	3550225	KAPARKALEJS Lauris	2003	LAT	Madonas BJSS	22:19.0	9.9	81,67
3	45	3550253	PAEGLIS Rainers	2003	LAT	Siguldas Sporta skola	23:20.3	1:11.2	118,57
4	41	3550254	SUHANOVŠ Sandijs	2003	LAT	Siguldas Sporta skola	23:33.7	1:24.6	126,63
5	36	3550264	SKOLNIEKS Jekabs	2006	LAT	SS Arkādija	23:34.3	1:25.2	126,99
6	42	3550231	KRAMPE Bruno	2003	LAT	SS Arkādija	23:51.1	1:42.0	137,10
7	38	3550025	CAUNE Ivo	1973	LAT		23:58.8	1:49.7	141,74
8	39	3550248	SINATS Gustavs	2004	LAT	Madonas BJSS	24:33.6	2:24.5	162,69
9	26	3550275	CIRCENS Eriks	2004	LAT	Vīļakas BJSS	24:37.4	2:28.3	164,97
10	21		VINOGRADOVS Markuss	2002	LAT	Lidojošais Slēpotājs	24:43.3	2:34.2	
11	44	3550237	BERNANS Edgars	1986	LAT	ski & roll	25:09.6	3:00.5	184,35
12	43	3550226	LULE Aleksandrs Arturs	2002	LAT	SS Arkādija	25:10.0	3:00.9	184,60
13	30	3550174	SKEPS Alvis	1998	LAT		25:46.3	3:37.2	206,45
14	25	3550266	LUKSTINS Peteris	2006	LAT	SS Arkādija	25:55.3	3:46.2	211,86
15	27	3550276	JEKIMOVŠ Ernests	2006	LAT	CPSS	26:18.6	4:09.5	225,89
16	29	3550175	EGLITIS Niklavs	1998	LAT		26:36.1	4:27.0	236,42
17	37	3550229	KLAUGIS Roberts Martins	2003	LAT	SS Arkādija	26:49.8	4:40.7	244,67
18	23		FOGELIS Kajs	2006	LAT	Vīļakas BJSS	26:57.3	4:48.2	
19	40	3550249	SVAUKSTS Silvestrs	2004	LAT	Madonas BJSS	27:25.2	5:16.1	265,97
20	31	3550277	FREIVALDS Emils	2006	LAT	CPSS	27:31.6	5:22.5	269,83
21	33	3550278	UPENIEKS Rainers	2005	LAT	Madonas BJSS	28:07.6	5:58.5	291,50
22	24		ILNYTSKY Oleksi	2005	LAT	SS Arkādija	28:35.1	6:26.0	
23	32	3550268	GRAUDINS Janis	2005	LAT	CPSS	28:36.3	6:27.2	308,77
24	22		KRONBERGS Eduards	2005	LAT	Siguldas Sporta skola	29:17.4	7:08.3	
25	28	3780115	JONIKAS Daujotas	2006	LTU	SK Marsas	31:14.3	9:05.2	403,87

Did Not Start (2)

34	3550262	LACIS Krisjanis	2004	LAT	SS Arkādija
35	3550261	LIBIETIS Nils Kristians	2004	LAT	SS Arkādija

Did Not Finish (1)

46	3550209	SAULITIS Niks	2001	LAT	Madona
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1. posms
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Official ranking
COMPETITION JURY

TECHNICAL DELEGATE	PUIDA Janis	(LAT)
T.D. ASSISTANT	BERZINS Normunds	(LAT)
CHIEF OF RACE	NIKLASS Martins	(LAT)

TECHNICAL DATA

COURSE	
HEIGHT DIFFERENCE (HD)	40 m
TOTAL CLIMB (TC)	152 m
MAXIMUM CLIMB (MC)	38 m
LENGTH OF LAP	2600 m
NUMBER OF LAPS	2
RACE DISTANCE	5,200 km

LOCATION : Cēsu Olimpiskais centrs	CATEGORY : ROL	STYLE : F
WEATHER : Cloudy SNOW : None	TEMPERATURE: SNOW : 0,0°C	AIR : 19,0°C
LIST n°123	APPLIED PENALTY: 102,69	CALCULATED PENALTY: 102,69
Records : 14	At Start : 11	Did Not Finish : 0
	Disqualified : 0	At Finish : 11

Rank	Bib	Code	Name	Year	Nation	Club	Time	Gap	Points
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Women 5,2 km (2,6 km x 2)

1	14	3555030	AUZINA Kitija	1996	LAT	Madonas BJSS	12:39.7		102,69
2	13	3555083	KRAMPE Samanta	2003	LAT	SS Arkādija	13:07.9	28.2	132,39
3	12	3555105	BLEIDELE Elza	2005	LAT	CPSS	13:32.2	52.5	157,97
4	2	3555113	KAPARKALEJA Linda	2006	LAT	Madonas BJSS	14:15.6	1:35.9	203,68
5	10	3555110	OSMANE Adriana	2005	LAT	SS Arkādija	15:09.4	2:29.7	260,33
6	11	3555107	SUMINSKA Adriana	2005	LAT	Krāslavas Sporta skola	15:15.7	2:36.0	266,97
7	9	3555106	SLOTINA Elizabete	2005	LAT	CPSS	15:18.8	2:39.1	270,23
8	4	3555114	VIGANTE Lauma	2006	LAT	Madonas BJSS	16:21.5	3:41.8	336,26
9	7	3555099	VOLKA Jana	2004	LAT	Krāslavas Sporta skola	17:08.5	4:28.8	385,75
10	8	3555112	PENCE Jolanta	2004	LAT	Gulbenes BJSS/SK Lejasciems	17:52.2	5:12.5	431,77
11	1		BUŠA Patrīcija	2006	LAT	Siguldas Sporta Skola	18:37.9	5:58.2	

Did Not Start (3)

3	3555115	VECKALNINA Madara	2006	LAT	Madonas BJSS
5	3555096	DREIKA Anna Katrīna	2003	LAT	SS Arkādija
6	3555108	BUKSA Marta	2005	LAT	SS Arkādija

1. posms
Īsā distance Brīvajā stilā ar intervāla startu
Rezultāti

Rank	Bib	Name	Year	Nation	Club	Time	Gap
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V 10,4 km (2,6 km x 4)

1	48	SLOTINS Roberts	1991	LAT	SS Arkādija	22:09.1	
2	21	VINOGRADOVS Markuss	2002	LAT	Lidojošais Slēpotājs	24:43.3	2:34.2
3	44	BERNANS Edgars	1986	LAT	ski & roll	25:09.6	3:00.5
4	43	LULE Aleksandrs Arturs	2002	LAT	SS Arkādija	25:10.0	3:00.9
5	30	SKEPS Alvis	1998	LAT		25:46.3	3:37.2
6	29	EGLITIS Niklavs	1998	LAT		26:36.1	4:27.0

Did Not Finish (1)

46	SAULITIS Niks	2001	LAT	Madona			
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V20 10,4 km (2,6 km x 4)

1	47	KAPARKALEJS Lauris	2003	LAT	Madonas BJSS	22:19.0	
2	45	PAEGLIS Rainers	2003	LAT	Siguldas Sporta skola	23:20.3	1:01.3
3	41	SUHANOVS Sandijs	2003	LAT	Siguldas Sporta skola	23:33.7	1:14.7
4	42	KRAMPE Bruno	2003	LAT	SS Arkādija	23:51.1	1:32.1
5	39	SINATS Gustavs	2004	LAT	Madonas BJSS	24:33.6	2:14.6
6	26	CIRCENS Eriks	2004	LAT	Viļakas BJSS	24:37.4	2:18.4
7	37	KLAUGIS Roberts Martins	2003	LAT	SS Arkādija	26:49.8	4:30.8
8	40	SVAUKSTS Silvestrs	2004	LAT	Madonas BJSS	27:25.2	5:06.2

Did Not Start (2)

34	LACIS Krisjanis	2004	LAT	SS Arkādija			
35	LIBIETIS Nils Kristians	2004	LAT	SS Arkādija			

V18 10,4 km (2,6 km x 4)

1	36	SKOLNIEKS Jekabs	2006	LAT	SS Arkādija	23:34.3	
2	25	LUKSTINS Peteris	2006	LAT	SS Arkādija	25:55.3	2:21.0
3	27	JEKIMOVŠ Ernests	2006	LAT	CPSS	26:18.6	2:44.3
4	23	FOGELIS Kajs	2006	LAT	Viļakas BJSS	26:57.3	3:23.0
5	31	FREIVALDS Emils	2006	LAT	CPSS	27:31.6	3:57.3
6	33	UPENIEKS Rainers	2005	LAT	Madonas BJSS	28:07.6	4:33.3
7	24	ILNYTSKY Oleksi	2005	LAT	SS Arkādija	28:35.1	5:00.8
8	32	GRAUDINS Janis	2005	LAT	CPSS	28:36.3	5:02.0
9	22	KRONBERGS Eduards	2005	LAT	Siguldas Sporta skola	29:17.4	5:43.1

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Rezultāti

Rank	Bib	Name	Year	Nation	Club	Time	Gap
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S 5,2 km (2,6 km x 2)

1	14	AUZINA Kitija	1996	LAT	Madonas BJSS	12:39.7	
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S20 5,2 km (2,6 km x 2)

1	13	KRAMPE Samanta	2003	LAT	SS Arkādija	13:07.9	
2	7	VOLKA Jana	2004	LAT	Krāslavas Sporta skola	17:08.5	4:00.6
3	8	PENCE Jolanta	2004	LAT	Gulbenes BJSS/SK Lejasciems	17:52.2	4:44.3

Did Not Start (1)

5		DREIKA Anna Katrīna	2003	LAT	SS Arkādija		
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S18 5,2 km (2,6 km x 2)

1	12	BLEIDELE Elza	2005	LAT	CPSS	13:32.2	
2	2	KAPARKALEJA Linda	2006	LAT	Madonas BJSS	14:15.6	43.4
3	10	OSMANE Adriana	2005	LAT	SS Arkādija	15:09.4	1:37.2
4	11	SUMINSKA Adriana	2005	LAT	Krāslavas Sporta skola	15:15.7	1:43.5
5	9	SLOTINA Elizabete	2005	LAT	CPSS	15:18.8	1:46.6
6	4	VIGANTE Lauma	2006	LAT	Madonas BJSS	16:21.5	2:49.3
7	1	BUŠA Patrīcija	2006	LAT	Siguldas Sporta Skola	18:37.9	5:05.7

Did Not Start (2)

3		VECKALNINA Madara	2006	LAT	Madonas BJSS		
6		BUKSA Marta	2005	LAT	SS Arkādija		

1. posms
Īsā distance Brīvajā stilā ar intervāla startu
Inter times
COMPETITION JURY

TECHNICAL DELEGATE	PUIDA Janis	(LAT)
T.D. ASSISTANT	BERZINS Normunds	(LAT)
CHIEF OF RACE	NIKLASS Martins	(LAT)

TECHNICAL DATA

COURSE	
HEIGHT DIFFERENCE (HD)	40 m
TOTAL CLIMB (TC)	304 m
MAXIMUM CLIMB (MC)	38 m
LENGTH OF LAP	2600 m
NUMBER OF LAPS	4
RACE DISTANCE	10,400 km

LOCATION : Cēsu Olimpiskais centrs

CATEGORY : ROL

STYLE : F

WEATHER : Cloudy SNOW : None

TEMPERATURE: SNOW : 0,0°C AIR : 20,0°C

LIST n°123

F = 800

Records : 28

At Start : 26

Did Not Finish : 1

Disqualified : 0

At Finish : 25

Rank	Name	Inter 1	Rank	Inter 2	Rank	Inter 3	Rank	Inter 4	Rank	Time	Gap
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Men 10,4 km (2,6 km x 4)

1	SLOTINS Roberts	4:54.2	(2)	10:24.0	(1)	15:56.4	(1)	21:29.9	(1)	22:09.1	
2	KAPARKALEJS Lauris	4:49.4	(1)	10:25.2	(2)	16:09.0	(2)	21:40.8	(2)	22:19.0	9.9
3	PAEGLIS Rainers	5:11.1	(3)	10:55.8	(3)	16:48.0	(3)	22:41.8	(3)	23:20.3	1:11.2
4	SUHANOVŠ Sandijs	5:32.2	(9)	11:21.3	(7)	17:14.6	(6)	22:53.7	(5)	23:33.7	1:24.6
5	SKOLNIEKS Jekabs	5:13.5	(4)	10:58.5	(4)	16:55.7	(4)	22:52.1	(4)	23:34.3	1:25.2
6	KRAMPE Bruno	5:16.6	(5)	11:10.7	(5)	17:12.6	(5)	23:10.0	(6)	23:51.1	1:42.0
7	CAUNE Ivo	5:19.6	(6)	11:12.7	(6)	17:15.0	(7)	23:18.2	(7)	23:58.8	1:49.7
8	SINATS Gustavs	5:26.7	(8)	11:34.2	(8)	17:42.1	(8)	23:52.7	(8)	24:33.6	2:24.5
9	CIRCENS Eriks	5:40.9	(14)	11:43.0	(10)	17:50.8	(9)	23:55.8	(9)	24:37.4	2:28.3
10	VINOGRADOVS Markuss	5:34.5	(11)	11:41.5	(9)	17:52.7	(10)	23:58.6	(10)	24:43.3	2:34.2
11	BERNANS Edgars	5:34.2	(10)	11:56.6	(12)	18:17.6	(12)	24:29.5	(12)	25:09.6	3:00.5
12	LULE Aleksandrs Arturs	5:35.7	(12)	11:50.0	(11)	18:13.8	(11)	24:28.2	(11)	25:10.0	3:00.9
13	SKEPS Alvis	5:36.2	(13)	12:04.5	(14)	18:34.1	(13)	25:03.6	(13)	25:46.3	3:37.2
14	LUKSTINS Peteris	5:48.7	(15)	12:16.1	(15)	18:45.0	(14)	25:12.7	(14)	25:55.3	3:46.2
15	JEKIMOVŠ Ernests	5:57.6	(19)	12:21.4	(16)	18:54.5	(16)	25:36.1	(15)	26:18.6	4:09.5
16	EGLITIS Niklavs	5:48.7	(15)	12:22.7	(17)	19:02.3	(17)	25:52.4	(16)	26:36.1	4:27.0
17	KLAUGIS Roberts Martins	5:26.2	(7)	12:01.3	(13)	18:50.7	(15)	26:01.3	(17)	26:49.8	4:40.7
18	FOGELIS Kajs	5:58.2	(20)	12:36.7	(18)	19:22.6	(18)	26:14.5	(18)	26:57.3	4:48.2
19	SVAUKSTS Silvestrs	5:53.9	(17)	12:48.3	(19)	19:44.7	(19)	26:42.8	(19)	27:25.2	5:16.1
20	FREIVALDS Emils	5:59.5	(21)	12:57.0	(20)	19:53.2	(20)	26:47.4	(20)	27:31.6	5:22.5
21	UPENIEKS Rainers	5:57.2	(18)	13:03.6	(21)	20:20.0	(21)	27:22.1	(21)	28:07.6	5:58.5
22	ILNYTSKY Oleksi	6:11.0	(23)	13:30.9	(22)	20:43.4	(22)	27:45.9	(22)	28:35.1	6:26.0
23	GRAUDINS Janis	6:08.3	(22)	13:31.9	(23)	20:45.6	(23)	27:50.3	(23)	28:36.3	6:27.2
24	KRONBERGS Eduards	6:20.1	(25)	13:40.7	(24)	21:10.4	(24)	28:28.4	(24)	29:17.4	7:08.3
25	JONIKAS Daujotas	6:15.9	(24)	13:48.1	(25)	21:43.5	(25)	29:58.9	(25)	31:14.3	9:05.2

1. posms
Īsā distance Brīvajā stilā ar intervāla startu
Inter times
COMPETITION JURY

TECHNICAL DELEGATE	PUIDA Janis	(LAT)
T.D. ASSISTANT	BERZINS Normunds	(LAT)
CHIEF OF RACE	NIKLASS Martins	(LAT)

TECHNICAL DATA

COURSE	
HEIGHT DIFFERENCE (HD)	40 m
TOTAL CLIMB (TC)	152 m
MAXIMUM CLIMB (MC)	38 m
LENGTH OF LAP	2600 m
NUMBER OF LAPS	2
RACE DISTANCE	5,200 km

LOCATION : Cēsu Olimpiskais centrs

CATEGORY : ROL

STYLE : F

WEATHER : Cloudy SNOW : None

TEMPERATURE: SNOW : 0,0°C AIR : 19,0°C

LIST n°123

F = 800

Records : 14

At Start : 11

Did Not Finish : 0

Disqualified : 0

At Finish : 11

Rank	Code	Name	Nation	Inter 1	Rank	Inter 2	Rank	Time	Gap
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Women 5,2 km (2,6 km x 2)

1	3555030	AUZINA Kitija	LAT	5:41.3	(1)	11:59.9	(1)	12:39.7	
2	3555083	KRAMPE Samanta	LAT	5:53.4	(2)	12:25.5	(2)	13:07.9	28.2
3	3555105	BLEIDELE Elza	LAT	6:06.1	(3)	12:46.8	(3)	13:32.2	52.5
4	3555113	KAPARKALEJA Linda	LAT	6:31.1	(4)	13:30.7	(4)	14:15.6	1:35.9
5	3555110	OSMANE Adriana	LAT	6:44.6	(5)	14:20.5	(5)	15:09.4	2:29.7
6	3555107	SUMINSKA Adriana	LAT	6:46.6	(6)	14:24.2	(6)	15:15.7	2:36.0
7	3555106	SLOTINA Elizabete	LAT	6:49.3	(7)	14:31.8	(7)	15:18.8	2:39.1
8	3555114	VIGANTE Lauma	LAT	7:18.0	(8)	15:31.5	(8)	16:21.5	3:41.8
9	3555099	VOLKA Jana	LAT	7:30.6	(10)	16:10.8	(9)	17:08.5	4:28.8
10	3555112	PENCE Jolanta	LAT	7:23.8	(9)	16:44.1	(10)	17:52.2	5:12.5
11		BUŠA Patrīcija	LAT	8:08.4	(11)	17:42.7	(11)	18:37.9	5:58.2

1. posms
Īsā distance Brīvajā stilā ar intervāla startu
Inter times

Rank	Name	Nation	Club	Inter 1	Rank	Time	Gap
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S10 1,2 km

1	MARTINOVA Rebeka	LAT	CPSS	2:42.0	(1)	3:37.8	
2	ARAMA Ance	LAT	Madonas BJSS	2:43.0	(2)	3:40.9	3.1
3	KODAĻEVA Ariana	LAT	Alūksnes BJSS	2:48.2	(3)	3:49.4	11.6
4	TREIKMANE Jasmīna	LAT	CPSS	2:59.4	(4)	4:03.7	25.9
5	ČABLE Anete	LAT	Gulbenes BJSS/SK Lejasciems	3:03.7	(5)	4:11.6	33.8
6	GLĀZNIECE Lauma	LAT	Gulbenes BJSS/SK Lejasciems	3:05.8	(6)	4:15.4	37.6
7	PUTĀNE Maija	LAT	SS Arkādija	3:14.9	(7)	4:21.9	44.1
8	PAVĀRE Agate	LAT	Madonas BJSS	3:20.6	(10)	4:26.9	49.1
9	KRAUKLE Patrīcija	LAT	Madonas BJSS	3:19.0	(9)	4:31.5	53.7
10	PETROVIČA Melisa	LAT	CPSS	3:18.7	(8)	4:31.7	53.9
11	BULIGINA Stefānija	LAT	Gulbenes BJSS/SK Lejasciems	3:39.6	(11)	4:44.9	1:07.1
12	SALMIŅA Dārta	LAT	CPSS	3:43.5	(12)	4:59.0	1:21.2
13	KOROŠEVSKA Amēlija	LAT	SS Arkādija	4:08.5	(13)	5:27.9	1:50.1
14	RAUDZIŅA Lote	LAT	CPSS	4:19.7	(14)	5:41.3	2:03.5
15	KRASTIŅA Alise	LAT	CPSS	4:30.7	(15)	6:05.8	2:28.0

V10 1,2 km

1	ĢIPSLIS Kārlis Laimonis	LAT	Madonas BJSS	2:55.5	(1)	3:58.5	
2	STRODS Rojs	LAT	Madonas BJSS	3:01.4	(3)	4:05.3	6.8
3	BERKOLDS Ernests	LAT	Gulbenes BJSS/SK Lejasciems	2:58.5	(2)	4:05.6	7.1
4	KLIMOVČS Miķelis	LAT	CPSS	3:08.4	(4)	4:16.0	17.5
5	KUPCIS Rūdolfs Kalvis	LAT	Madonas BJSS	3:15.0	(6)	4:20.8	22.3
6	BIEZAIS Daniels	LAT	Gulbenes BJSS/SK Lejasciems	3:11.6	(5)	4:23.0	24.5
7	LIEPIŅŠ Rūdolfs	LAT	CPSS	3:35.3	(7)	5:06.3	1:07.8

S12 1,2 km

1	RUĻUKA Dārta	LAT	Madonas BJSS	2:28.9	(3)	3:22.2	
2	KRASTIŅA Elza	LAT	CPSS	2:27.8	(1)	3:23.3	1.1
3	DŪMIŅA Sendija Līva	LAT	CPSS	2:28.1	(2)	3:24.3	2.1
4	SALMIŅA Zane	LAT	CPSS	2:32.2	(4)	3:24.9	2.7
5	PURIŅA Nellija	LAT	CPSS	2:32.8	(5)	3:27.8	5.6
6	ŠLĒZIŅA Adele	LAT	CPSS	2:33.4	(6)	3:29.6	7.4
7	KOZLOVA Marija	LAT	Daugavpils ISVS	2:33.9	(7)	3:32.2	10.0
8	BRENCE Marta	LAT	CPSS	2:44.5	(8)	3:49.3	27.1
9	ČODERE Luīze	LAT	Lidojošais Slēpotājs	2:53.0	(9)	3:52.4	30.2
10	BROKĀNE Annija	LAT	CPSS	2:56.7	(10)	3:57.3	35.1
11	INDRIKSONE Meldra	LAT	Madonas BJSS	2:58.8	(12)	4:00.1	37.9

Rank	Name	Nation	Club	Inter 1	Rank	Time	Gap
12	PANAVAITĒ Agota	LTU	SK Marsas	2:56.9	(11)	4:00.9	38.7
13	MĀLNIECE Sabīne	LAT	Madonas BJSS	3:00.8	(13)	4:05.9	43.7
14	GAILE Katrīna	LAT	SS Arkādija	3:05.4	(14)	4:11.3	49.1
15	RADZIŅA Elza	LAT	SS Arkādija	3:13.3	(15)	4:20.6	58.4
16	HANSONE Katrīna	LAT	SS Arkādija	3:14.1	(16)	4:23.8	1:01.6
17	ZVIRGZDIŅA Ieva	LAT	Madonas BJSS	3:14.9	(17)	4:26.5	1:04.3
18	MĀLNIECE Undīne	LAT	Madonas BJSS	3:22.3	(18)	4:30.8	1:08.6

V12 1,2 km

1	DRAUDVILA Andris	LTU	SK "Gavaitis"	2:05.4	(1)	2:52.1	
2	ZAČIS Artūrs	LAT	CPSS	2:08.5	(2)	2:55.4	3.3
3	BĒRZIŅŠ Gustavs	LAT	CPSS	2:18.4	(3)	3:09.0	16.9
4	GLADIN Arseny	LTU	SK Marsas Lithuania	2:19.6	(4)	3:11.8	19.7
5	ŠĶĒLE Rūdolfs	LAT	CPSS	2:25.2	(5)	3:19.6	27.5
6	KUBULIŅŠ Jāzeps	LAT	Gulbenes BJSS/SK Lejasciems	2:33.9	(6)	3:28.7	36.6
7	LINGARTS Jānis Artūrs	LAT	CPSS	2:35.8	(7)	3:32.5	40.4
8	GAISS Otto	LAT	CPSS	2:37.8	(8)	3:35.0	42.9
9	PLOTKA Pēteris	LAT	Madonas BJSS	2:38.5	(9)	3:35.5	43.4
10	GAVARS Klāvs	LAT	CPSS	2:39.5	(10)	3:37.2	45.1
11	SALMIŅŠ Miķelis	LAT	Gulbenes BJSS/SK Lejasciems	2:40.0	(11)	3:38.3	46.2
12	ŠČITOVS Maksims	LAT	Madonas BJSS	2:43.0	(12)	3:40.2	48.1
13	SPOLĪTIS Gustavs	LAT	CPSS	2:47.0	(13)	3:44.9	52.8
14	ŽEGLOVS Krišjānis	LAT	Lidojošais Slēpotājs	2:53.4	(14)	3:58.0	1:05.9
15	SVALBS Ralfs	LAT	Madonas BJSS	2:53.7	(15)	4:00.1	1:08.0
16	LUKAŠEVICS Gustavs	LAT	Madonas BJSS	2:59.2	(18)	4:01.2	1:09.1
17	NEBARS Pēteris	LAT	CPSS	2:58.0	(17)	4:01.8	1:09.7
18	ŠULCS Gatis	LAT	CPSS	2:55.3	(16)	4:03.9	1:11.8
19	SKRASTIŅŠ Rojs	LAT	CPSS	3:06.7	(19)	4:12.4	1:20.3
20	MERI Aleksandrs	LAT	SS Arkādija	3:15.4	(20)	4:17.1	1:25.0
21	LAPIŅŠ Niklavs Kristaps	LAT	CPSS	3:17.1	(21)	4:25.2	1:33.1
22	OZOLS-OZOLIŅŠ Vilis	LAT	SS Arkādija	3:21.4	(22)	4:34.0	1:41.9
23	MEŽS Kalvis Ivalts	LAT	SS Arkādija	3:27.3	(23)	4:43.6	1:51.5
24	BREKTE Ronalds	LAT	Gulbenes BJSS/SK Lejasciems	3:33.6	(24)	4:53.1	2:01.0
25	CĀLĪTIS Gundars	LAT	CPSS	4:27.1	(25)	6:09.2	3:17.1

S14 1,8 km

1	BEKERE Lāsma Marta	LAT	Madonas BJSS	4:04.6	(1)	4:50.4	
2	ŠĶĒLE Dārta	LAT	Madonas BJSS	4:10.7	(3)	4:55.5	5.1
3	PLĀTE Alise	LAT	Madonas BJSS	4:09.0	(2)	4:57.4	7.0
4	GRUDULE Sabīne	LAT	Madonas BJSS	4:24.4	(4)	5:16.1	25.7
5	MIGLONE Luīze	LAT	Madonas BJSS	4:26.4	(5)	5:16.8	26.4

Rank	Name	Nation	Club	Inter 1	Rank	Time	Gap
6	KRIEVIŅA Annija	LAT	CPSS	4:28.2	(6)	5:18.2	27.8
7	ĀBOLTIŅA Kate	LAT	CPSS	4:33.1	(7)	5:23.6	33.2
8	MAKAREVICIUTE Meda	LTU	SK Marsas	4:34.4	(8)	5:27.3	36.9
9	PIKSONE Estere	LAT	SK ASM	4:37.8	(9)	5:30.2	39.8
10	KRĒMERE Kerija	LAT	Madonas BJSS	4:39.1	(10)	5:30.6	40.2
11	KUODYTĒ Saulē	LTU	SK Marsas	4:44.9	(11)	5:36.1	45.7
12	OZOLIŅA Elizabete Keita	LAT	Madonas BJSS	4:45.0	(12)	5:41.2	50.8
13	BOROŅENKO Jeļizaveta	LAT	Daugavpils ISVS	4:50.0	(13)	5:44.9	54.5
14	KALNIŅA Līva	LAT	SS Arkādija	5:01.6	(15)	5:57.4	1:07.0
15	TRIBISA Ariana	LAT	Krāslavas Sporta skola	5:00.4	(14)	5:57.5	1:07.1
16	RIEKSTIŅA Paula	LAT	CPSS	5:08.2	(16)	6:09.9	1:19.5
17	KUZMINA Kira	LTU	SK Marsas	5:16.3	(17)	6:10.9	1:20.5
18	GAILE Anna	LAT	SS Arkādija	5:22.1	(19)	6:15.7	1:25.3
19	ŽĪGURE Marta	LAT	Gulbenes BJSS/SK Lejasciems	5:18.8	(18)	6:19.2	1:28.8
20	MERI Helēna	LAT	SS Arkādija	5:23.1	(20)	6:21.3	1:30.9
21	KONDIO Sofija	LAT	Daugavpils ISVS	5:29.5	(21)	6:29.6	1:39.2
22	LIELBĀRDE Līva	LAT	CPSS	5:40.9	(22)	6:38.3	1:47.9
23	MAIŽĪTE Monta Marta	LAT	CPSS	5:42.9	(23)	6:41.3	1:50.9
24	NAPREJENKO Estere	LAT	CPSS	5:57.6	(24)	6:55.9	2:05.5
25	NIKELE Viktorija	LAT	Daugavpils ISVS	7:14.2	(25)	8:27.4	3:37.0
26	RAMATA Laura	LAT	CPSS	7:20.0	(26)	8:36.3	3:45.9

1. posms
Īsā distance Brīvajā stilā ar intervāla startu
Inter times

Rank	Name	Club	Inter 1	Rank	Inter 2	Rank	Time	Gap
V14 3,6 km (1,8 km x 2)								
1	BĒRZIŅŠ Ginters	Madonas BJSS	3:40.8	(1)	8:10.7	(1)	8:51.7	
2	SKRIDE Ernests	CPSS	3:51.7	(2)	8:17.9	(2)	9:00.6	8.9
3	SKUJIŅŠ Valts	SS Arkādija	3:53.5	(3)	8:25.5	(3)	9:10.6	18.9
4	BILANS Leo	Siguldas Sporta Skola	4:05.6	(4)	8:46.5	(4)	9:40.8	49.1
5	VUŠKĀNS Valts	Madonas BJSS	4:16.2	(6)	9:04.2	(5)	9:46.9	55.2
6	TOLPEŽŅIKOVŠ Roberts	Siguldas Sporta Skola	4:16.8	(7)	9:06.1	(6)	9:51.7	1:00.0
7	GARISONS Patriks	SS Arkādija	4:20.3	(8)	9:09.5	(7)	9:55.8	1:04.1
8	VANAGS Emīls	Siguldas Sporta Skola	4:14.7	(5)	9:11.6	(8)	9:59.3	1:07.6
9	KŪLĪTIS Ervīns	Madonas BJSS	4:22.3	(9)	9:20.6	(9)	10:09.0	1:17.3
10	BRICIS Rūdolfs	SS Arkādija	4:23.1	(10)	9:28.1	(10)	10:17.0	1:25.3
11	ARAMA Martins	Madonas BJSS	4:30.2	(12)	9:42.5	(11)	10:31.9	1:40.2
12	GLĀZNIĒKS Mārcis	Gulbenes BJSS/SK Lejasciems	4:35.8	(15)	9:44.2	(13)	10:35.1	1:43.4
13	LAZDĀNS Māris	Daugavpils ISVS	4:28.6	(11)	9:43.2	(12)	10:35.6	1:43.9
14	DREIMANIS Jānis	Cpss	4:32.0	(13)	9:52.3	(15)	10:42.4	1:50.7
15	ASARIS Edgars Aivo	Madonas BJSS	4:33.4	(14)	9:52.0	(14)	10:43.6	1:51.9
16	DERGUNOVŠ Georgijs	CPSS	4:44.3	(16)	10:07.6	(16)	11:00.3	2:08.6
17	UMBLEJS Justs Uga	Siguldas Sporta Skola	4:45.6	(17)	10:22.1	(18)	11:16.4	2:24.7
18	PLORIŅŠ Gustavs	Madonas BJSS	4:46.7	(19)	10:20.8	(17)	11:17.0	2:25.3
19	JONINS Jēkabs	CPSS	4:45.7	(18)	10:27.9	(19)	11:21.6	2:29.9
20	GULBIS Armands	CPSS	5:00.6	(22)	10:33.2	(20)	11:29.2	2:37.5
21	BEINERTS Dāvids	Siguldas Sporta Skola	5:01.6	(23)	10:41.1	(22)	11:34.1	2:42.4
22	GERTMANIS Alberts	SS Arkādija	4:57.3	(21)	10:40.3	(21)	11:36.2	2:44.5
23	BEIKULIS Kristers	CPSS	5:07.0	(24)	10:45.5	(23)	11:39.5	2:47.8
24	KLAUĢIS Krišjānis	CPSS	4:49.6	(20)	10:56.3	(24)	11:48.0	2:56.3
25	LAPA Andrejs	Daugavpils ISVS	5:09.6	(27)	10:57.5	(25)	11:55.4	3:03.7
26	LIEPIŅŠ Endijs	CPSS	5:09.0	(26)	11:02.8	(27)	12:01.6	3:09.9
27	ATLĀCIS Jānis	Cpss	5:10.2	(28)	11:02.2	(26)	12:01.9	3:10.2
28	BROKS Markuss	Lidojošais Slēpotājs	5:08.2	(25)	11:08.1	(28)	12:07.2	3:15.5
29	MIHAILOVS Marks	CPSS	5:10.4	(29)	11:29.1	(30)	12:23.1	3:31.4
30	PANAVAS Mykolas	SK Marsas	5:41.4	(33)	11:25.9	(29)	12:25.3	3:33.6
31	OZOLS-OZOLIŅŠ Viesturs	SS Arkādija	5:24.6	(30)	11:37.7	(31)	12:38.4	3:46.7
32	TIMOFEJEVS Dmitrijs	SS Arkādija	5:29.6	(32)	11:45.6	(32)	12:48.9	3:57.2
33	STUPELIS Andris Jurģis	CPSS	5:27.6	(31)	12:13.5	(33)	13:15.9	4:24.2
34	LAKSIS Alberts	SS Arkādija	7:18.7	(34)	16:03.5	(34)	17:27.1	8:35.4

S16 3,6 km (1,8 km x 2)

1	ZAĶE Amēlija	CPSS	3:58.0	(1)	8:42.2	(1)	9:24.5	
2	MARCINKEVIČA Keita	Siguldas Sporta Skola	4:07.9	(2)	8:56.0	(2)	9:42.1	17.6
3	DJATKOVIČA Martīne	Krāslavas Sporta skola	4:19.5	(4)	9:19.1	(3)	10:07.0	42.5
4	BLEIDELE Stella	Cpss	4:19.5	(4)	9:26.2	(4)	10:13.3	48.8

Rank	Name	Club	Inter 1	Rank	Inter 2	Rank	Time	Gap
5	ROŠTOKA Helēna	Madonas BJSS	4:12.5	(3)	9:27.2	(5)	10:15.8	51.3
6	ALZIŅA Laura	Cpss	4:23.4	(6)	9:35.8	(6)	10:26.7	1:02.2
7	SKRIDE Letīcija Anna	CPSS	4:27.9	(7)	9:45.8	(7)	10:37.6	1:13.1
8	RADIVINSKA Evija	Krāslavas Sporta skola	4:37.8	(9)	9:57.5	(9)	10:45.8	1:21.3
9	OZOLIŅA Patrīcija	Cpss	4:28.7	(8)	9:56.0	(8)	10:46.3	1:21.8
10	BRILTE Linda Elizabete	Alūksnes BJSS	4:42.0	(10)	10:05.0	(10)	10:56.2	1:31.7
11	GAILE Elizabete	SS Arkādija	4:57.1	(12)	10:45.7	(11)	11:35.4	2:10.9
12	PAULOVA Alise	CPSS	4:53.5	(11)	10:45.7	(11)	11:42.0	2:17.5
13	NAPREJENKO Keitija	CPSS	4:59.8	(14)	10:50.9	(14)	11:42.7	2:18.2
14	ŅEVEDOMSKA Polina	Daugavpils ISVS	4:58.2	(13)	10:50.8	(13)	11:47.8	2:23.3
15	UPENEICE Ance	Madonas BJSS	5:06.6	(16)	11:04.7	(16)	11:59.4	2:34.9
16	LABSVĪRA Eleanora	Siguldas Sporta Skola	5:03.1	(15)	11:07.5	(17)	12:01.2	2:36.7
17	VAGELE Viktorija	Daugavpils ISVS	5:08.6	(17)	11:04.5	(15)	12:02.5	2:38.0
18	SUKURE Estere	CPSS	5:15.5	(18)	11:22.1	(18)	12:16.9	2:52.4
19	LŪSE Undīne	Madonas BJSS	5:17.3	(19)	11:38.1	(19)	12:33.3	3:08.8
20	GERMANOVIČA Ksenija	Daugavpils ISVS	5:27.0	(21)	11:38.8	(20)	12:39.7	3:15.2
21	GRIGORJEVA Arina	Daugavpils ISVS	5:25.3	(20)	11:47.2	(21)	12:44.5	3:20.0

V16 5,2 km (2,6 km x 2)

1	BILANS Bruno	Siguldas Sporta Skola	5:02.9	(1)	10:47.4	(1)	11:25.7	
2	CIRCENS Indriķis Ints	Viļakas BJSS	5:13.6	(2)	10:57.6	(2)	11:38.1	12.4
3	RAUDZIŅŠ Rūdolfs	CPSS	5:14.1	(3)	11:18.6	(3)	11:58.0	32.3
4	KALNIŅŠ Dāvis	Siguldas Sporta Skola	5:42.7	(4)	12:10.8	(4)	12:54.7	1:29.0
5	ZILIS Gļebs	Daugavpils ISVS	5:56.2	(5)	12:54.3	(5)	13:37.9	2:12.2
6	PLOTKA Ernests	Madonas BJSS	5:58.5	(6)	13:00.6	(6)	13:46.1	2:20.4
7	KRŪMIŅŠ Kaspars	Madonas BJSS	6:09.4	(8)	13:10.2	(7)	13:55.1	2:29.4
8	OVČIŅNIKOVŠ Ruslans	Daugavpils ISVS	6:10.7	(10)	13:13.7	(8)	14:02.8	2:37.1
9	SPOLĪTIS Emīls	CPSS	6:09.0	(7)	13:16.2	(9)	14:03.5	2:37.8
10	LANCS Mārtiņš	CPSS	6:16.2	(12)	13:16.4	(10)	14:03.7	2:38.0
11	VECELIS Mārtiņš Severīns	Krāslavas Sporta skola	6:13.4	(11)	13:18.7	(11)	14:07.3	2:41.6
12	PANAVAS Pijus	SK Marsas	6:17.4	(13)	13:20.6	(12)	14:11.4	2:45.7
13	ŠKAĻIKOVŠ Alekss	Madonas BJSS	6:09.5	(9)	13:21.0	(13)	14:12.3	2:46.6
14	PAULIŅŠ Gregors	Krāslavas Sporta skola	6:22.2	(14)	13:27.6	(14)	14:16.7	2:51.0
15	SALMIŅŠ Matīss	Gulbenes BJSS/SK Lejasciems	6:30.5	(15)	13:51.3	(15)	14:39.1	3:13.4
16	ZĀLĪTIS Armands	Madonas BJSS	6:41.2	(16)	14:12.6	(16)	14:59.5	3:33.8
17	IGNATJEVS Vladislavs	Daugavpils ISVS	6:54.2	(17)	14:58.6	(17)	15:51.8	4:26.1
18	ŠTEINBERGS Roberts	Madonas BJSS	6:56.6	(18)	15:07.0	(18)	15:57.6	4:31.9
19	FJODOROVŠ Rolands	CPSS	7:07.5	(19)	15:45.1	(19)	16:35.6	5:09.9
20	OSMANIS Kristiāns	SS Arkādija	7:47.3	(20)	16:27.4	(20)	17:23.4	5:57.7

1. posms
Īsā distance Brīvajā stilā ar intervāla startu
Inter times

Rank	Name	Nation	Inter 1	[Rank]	Inter 2	[Rank]	Inter 3	[Rank]	Time	Gap
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V40 5,4 km (1,8 km x 3)

1	CAUNE Ivo	LAT	3:37.5	(1)	7:47.7	(1)	12:06.2	(1)	12:51.5	
2	GRAUDIŅŠ Gatis	LAT	4:05.5	(2)	9:13.0	(2)	14:21.9	(2)	15:11.4	2:19.9
3	TREIKMANIS Mārtiņš	LAT	4:14.6	(3)	9:32.9	(3)	14:49.9	(3)	15:42.2	2:50.7
4	ZARIŅŠ Mariss	LAT	4:24.1	(4)	10:04.9	(4)	15:46.4	(4)	16:39.0	3:47.5

V50 5,4 km (1,8 km x 3)

1	DANČAUSKIS Uģis	LAT	4:35.8	(1)	10:10.8	(1)	15:38.1	(1)	16:29.0	
2	SKOLNIEKS Jānis	LAT	4:44.2	(2)	10:12.4	(2)	15:38.4	(2)	16:29.9	0.9
3	ZUNTE Andris	LAT	4:58.3	(3)	10:42.5	(3)	16:36.4	(3)	17:28.3	59.3

1. posms
Īsā distance Brīvajā stilā ar intervāla startu
Sector times
COMPETITION JURY

TECHNICAL DELEGATE	PUIDA Janis	(LAT)
T.D. ASSISTANT	BERZINS Normunds	(LAT)
CHIEF OF RACE	NIKLASS Martins	(LAT)

TECHNICAL DATA

COURSE	
HEIGHT DIFFERENCE (HD)	40 m
TOTAL CLIMB (TC)	304 m
MAXIMUM CLIMB (MC)	38 m
LENGTH OF LAP	2600 m
NUMBER OF LAPS	4
RACE DISTANCE	10,400 km

LOCATION : Cēsu Olimpiskais centrs

CATEGORY : ROL

STYLE : F

WEATHER : Cloudy **SNOW :** None

TEMPERATURE: SNOW : 0,0°C **AIR :** 20,0°C

LIST n°123
F = 800
Records : 28

At Start : 26

Did Not Finish : 1

Disqualified : 0

At Finish : 25

Rank	Name	Sector 1 (Rank)	Sector 2 (Rank)	Sector 3 (Rank)	Sector 4 (Rank)	Sector 5 (Rank)	Time	Gap
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Men 10,4 km (2,6 km x 4)

1	SLOTINS Roberts	4:54.2 (2)	5:29.8 (1)	5:32.4 (1)	5:33.5 (2)	39.2 (3)	22:09.1	
2	KAPARKALEJS Lauris	4:49.4 (1)	5:35.8 (2)	5:43.8 (2)	5:31.8 (1)	38.2 (1)	22:19.0	9.9
3	PAEGLIS Rainers	5:11.1 (3)	5:44.7 (3)	5:52.2 (3)	5:53.8 (4)	38.5 (2)	23:20.3	1:11.2
4	SUHANOVŠ Sandijs	5:32.2 (9)	5:49.1 (5)	5:53.3 (4)	5:39.1 (3)	40.0 (4)	23:33.7	1:24.6
5	SKOLNIEKS Jekabs	5:13.5 (4)	5:45.0 (4)	5:57.2 (5)	5:56.4 (5)	42.2 (11)	23:34.3	1:25.2
6	KRAMPE Bruno	5:16.6 (5)	5:54.1 (7)	6:01.9 (6)	5:57.4 (6)	41.1 (8)	23:51.1	1:42.0
7	CAUNE Ivo	5:19.6 (6)	5:53.1 (6)	6:02.3 (7)	6:03.2 (7)	40.6 (6)	23:58.8	1:49.7
8	SINATŠ Gustavs	5:26.7 (8)	6:07.5 (10)	6:07.9 (9)	6:10.6 (10)	40.9 (7)	24:33.6	2:24.5
9	CIRCENS Eriks	5:40.9 (14)	6:02.1 (8)	6:07.8 (8)	6:05.0 (8)	41.6 (9)	24:37.4	2:28.3
10	VINOGRADOVS Markuss	5:34.5 (11)	6:07.0 (9)	6:11.2 (10)	6:05.9 (9)	44.7 (19)	24:43.3	2:34.2
11	BERNANS Edgars	5:34.2 (10)	6:22.4 (12)	6:21.0 (11)	6:11.9 (11)	40.1 (5)	25:09.6	3:00.5
12	LULE Aleksandrs Arturs	5:35.7 (12)	6:14.3 (11)	6:23.8 (12)	6:14.4 (12)	41.8 (10)	25:10.0	3:00.9
13	SKEPS Alvis	5:36.2 (13)	6:28.3 (15)	6:29.6 (14)	6:29.5 (14)	42.7 (15)	25:46.3	3:37.2
14	LUKSTINS Peteris	5:48.7 (15)	6:27.4 (14)	6:28.9 (13)	6:27.7 (13)	42.6 (14)	25:55.3	3:46.2
15	JEKIMOVS Ernests	5:57.6 (19)	6:23.8 (13)	6:33.1 (15)	6:41.6 (15)	42.5 (13)	26:18.6	4:09.5
16	EGLITIS Niklavs	5:48.7 (15)	6:34.0 (16)	6:39.6 (16)	6:50.1 (16)	43.7 (17)	26:36.1	4:27.0
17	KLAUGIS Roberts Martins	5:26.2 (7)	6:35.1 (17)	6:49.4 (18)	7:10.6 (23)	48.5 (22)	26:49.8	4:40.7
18	FOGELIS Kajs	5:58.2 (20)	6:38.5 (18)	6:45.9 (17)	6:51.9 (17)	42.8 (16)	26:57.3	4:48.2
19	SVAUKSTS Silvestrs	5:53.9 (17)	6:54.4 (19)	6:56.4 (20)	6:58.1 (19)	42.4 (12)	27:25.2	5:16.1
20	FREIVALDS Emils	5:59.5 (21)	6:57.5 (20)	6:56.2 (19)	6:54.2 (18)	44.2 (18)	27:31.6	5:22.5
21	UPENIEKS Rainers	5:57.2 (18)	7:06.4 (21)	7:16.4 (23)	7:02.1 (20)	45.5 (20)	28:07.6	5:58.5
22	ILNYTSKY Oleksi	6:11.0 (23)	7:19.9 (22)	7:12.5 (21)	7:02.5 (21)	49.2 (24)	28:35.1	6:26.0
23	GRAUDINS Janis	6:08.3 (22)	7:23.6 (24)	7:13.7 (22)	7:04.7 (22)	46.0 (21)	28:36.3	6:27.2
24	KRONBERGS Eduards	6:20.1 (25)	7:20.6 (23)	7:29.7 (24)	7:18.0 (24)	49.0 (23)	29:17.4	7:08.3
25	JONIKAS Daujotas	6:15.9 (24)	7:32.2 (25)	7:55.4 (25)	8:15.4 (25)	1:15.4 (25)	31:14.3	9:05.2

1. posms
Īsā distance Brīvajā stilā ar intervāla startu
Sector times
COMPETITION JURY

TECHNICAL DELEGATE	PUIDA Janis	(LAT)
T.D. ASSISTANT	BERZINS Normunds	(LAT)
CHIEF OF RACE	NIKLAŠS Martins	(LAT)

TECHNICAL DATA

COURSE	
HEIGHT DIFFERENCE (HD)	40 m
TOTAL CLIMB (TC)	152 m
MAXIMUM CLIMB (MC)	38 m
LENGTH OF LAP	2600 m
NUMBER OF LAPS	2
RACE DISTANCE	5,200 km

LOCATION : Cēsu Olimpiskais centrs

CATEGORY : ROL

STYLE : F

WEATHER : Cloudy **SNOW :** None

TEMPERATURE: SNOW : 0,0°C **AIR :** 19,0°C

LIST n°123
F = 800
Records : 14

At Start : 11

Did Not Finish : 0

Disqualified : 0

At Finish : 11

Rank	Code	Name	Sector 1	Rank	Sector 2	Rank	Sector 3	Rank	Time	Gap
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Women 5,2 km (2,6 km x 2)

1	3555030	AUZINA Kitija	5:41.3	(1)	6:18.6	(1)	39.8	(1)	12:39.7	
2	3555083	KRAMPE Samanta	5:53.4	(2)	6:32.1	(2)	42.4	(2)	13:07.9	28.2
3	3555105	BLEIDELE Elza	6:06.1	(3)	6:40.7	(3)	45.4	(4)	13:32.2	52.5
4	3555113	KAPARKALEJA Linda	6:31.1	(4)	6:59.6	(4)	44.9	(3)	14:15.6	1:35.9
5	3555110	OSMANE Adriana	6:44.6	(5)	7:35.9	(5)	48.9	(6)	15:09.4	2:29.7
6	3555107	SUMINSKA Adriana	6:46.6	(6)	7:37.6	(6)	51.5	(8)	15:15.7	2:36.0
7	3555106	SLOTINA Elizabete	6:49.3	(7)	7:42.5	(7)	47.0	(5)	15:18.8	2:39.1
8	3555114	VIGANTE Lauma	7:18.0	(8)	8:13.5	(8)	50.0	(7)	16:21.5	3:41.8
9	3555099	VOLKA Jana	7:30.6	(10)	8:40.2	(9)	57.7	(10)	17:08.5	4:28.8
10	3555112	PENCE Jolanta	7:23.8	(9)	9:20.3	(10)	1:08.1	(11)	17:52.2	5:12.5
11		BUŠA Patrīcija	8:08.4	(11)	9:34.3	(11)	55.2	(9)	18:37.9	5:58.2

1. posms
Īsā distance Brīvajā stilā ar intervāla startu
Sector times

Rank	Name	Club	Sector 1	Rank	Sector 2	Rank	Time	Gap
S10 1,2 km								
1	MARTINOVA Rebeka	CPSS	2:42.0	(1)	55.8	(1)	3:37.8	
2	ARAMA Ance	Madonas BJSS	2:43.0	(2)	57.9	(2)	3:40.9	3.1
3	KODAĻEVA Ariana	Alūksnes BJSS	2:48.2	(3)	1:01.2	(3)	3:49.4	11.6
4	TREIKMANE Jasmīna	CPSS	2:59.4	(4)	1:04.3	(4)	4:03.7	25.9
5	ČABLE Anete	Gulbenes BJSS/SK Lejasciems	3:03.7	(5)	1:07.9	(8)	4:11.6	33.8
6	GLĀZNIECE Lauma	Gulbenes BJSS/SK Lejasciems	3:05.8	(6)	1:09.6	(9)	4:15.4	37.6
7	PUTĀNE Maija	SS Arkādija	3:14.9	(7)	1:07.0	(7)	4:21.9	44.1
8	PAVĀRE Agate	Madonas BJSS	3:20.6	(10)	1:06.3	(6)	4:26.9	49.1
9	KRAUKLE Patrīcija	Madonas BJSS	3:19.0	(9)	1:12.5	(10)	4:31.5	53.7
10	PETROVIČA Melisa	CPSS	3:18.7	(8)	1:13.0	(11)	4:31.7	53.9
11	BULIGINA Stefānija	Gulbenes BJSS/SK Lejasciems	3:39.6	(11)	1:05.3	(5)	4:44.9	1:07.1
12	SALMIŅA Dārta	CPSS	3:43.5	(12)	1:15.5	(12)	4:59.0	1:21.2
13	KOROŠEVSKA Amēlija	SS Arkādija	4:08.5	(13)	1:19.4	(13)	5:27.9	1:50.1
14	RAUDZIŅA Lote	CPSS	4:19.7	(14)	1:21.6	(14)	5:41.3	2:03.5
15	KRASTIŅA Alise	CPSS	4:30.7	(15)	1:35.1	(15)	6:05.8	2:28.0

V10 1,2 km

1	ĢIPSLIS Kārlis Laimonis	Madonas BJSS	2:55.5	(1)	1:03.0	(1)	3:58.5	
2	STRODS Rojs	Madonas BJSS	3:01.4	(3)	1:03.9	(2)	4:05.3	6.8
3	BERKOLDS Ernests	Gulbenes BJSS/SK Lejasciems	2:58.5	(2)	1:07.1	(4)	4:05.6	7.1
4	KLIMOVICHS Miķelis	CPSS	3:08.4	(4)	1:07.6	(5)	4:16.0	17.5
5	KUPCIS Rūdolfs Kalvis	Madonas BJSS	3:15.0	(6)	1:05.8	(3)	4:20.8	22.3
6	BIEZAIS Daniels	Gulbenes BJSS/SK Lejasciems	3:11.6	(5)	1:11.4	(6)	4:23.0	24.5
7	LIEPIŅŠ Rūdolfs	CPSS	3:35.3	(7)	1:31.0	(7)	5:06.3	1:07.8

S12 1,2 km

1	RUĻUKA Dārta	Madonas BJSS	2:28.9	(3)	53.3	(2)	3:22.2	
2	KRASTIŅA Elza	CPSS	2:27.8	(1)	55.5	(4)	3:23.3	1.1
3	DŪMIŅA Sendija Līva	CPSS	2:28.1	(2)	56.2	(5)	3:24.3	2.1
4	SALMIŅA Zane	CPSS	2:32.2	(4)	52.7	(1)	3:24.9	2.7
5	PURIŅA Nellija	CPSS	2:32.8	(5)	55.0	(3)	3:27.8	5.6
6	ŠLĒZIŅA Adele	CPSS	2:33.4	(6)	56.2	(5)	3:29.6	7.4
7	KOZLOVA Marija	Daugavpils ISVS	2:33.9	(7)	58.3	(7)	3:32.2	10.0
8	BRENCE Marta	CPSS	2:44.5	(8)	1:04.8	(12)	3:49.3	27.1
9	ČODERE Luīze	Lidojošais Slēpotājs	2:53.0	(9)	59.4	(8)	3:52.4	30.2
10	BROKĀNE Annija	CPSS	2:56.7	(10)	1:00.6	(9)	3:57.3	35.1
11	INDRIKSONE Meldra	Madonas BJSS	2:58.8	(12)	1:01.3	(10)	4:00.1	37.9

Rank	Name	Club	Sector 1	Rank	Sector 2	Rank	Time	Gap
12	PANAIVĒ Agota	SK Marsas	2:56.9	(11)	1:04.0	(11)	4:00.9	38.7
13	MĀLNIECE Sabīne	Madonas BJSS	3:00.8	(13)	1:05.1	(13)	4:05.9	43.7
14	GAILE Katrīna	SS Arkādija	3:05.4	(14)	1:05.9	(14)	4:11.3	49.1
15	RADZIŅA Elza	SS Arkādija	3:13.3	(15)	1:07.3	(15)	4:20.6	58.4
16	HANSONE Katrīna	SS Arkādija	3:14.1	(16)	1:09.7	(17)	4:23.8	1:01.6
17	ZVIRGZDIŅA Ieva	Madonas BJSS	3:14.9	(17)	1:11.6	(18)	4:26.5	1:04.3
18	MĀLNIECE Undīne	Madonas BJSS	3:22.3	(18)	1:08.5	(16)	4:30.8	1:08.6

V12 1,2 km

1	DRAUDVILA Andris	SK "Gavaitis"	2:05.4	(1)	46.7	(1)	2:52.1	
2	ZAČIS Artūrs	CPSS	2:08.5	(2)	46.9	(2)	2:55.4	3.3
3	BĒRZIŅŠ Gustavs	CPSS	2:18.4	(3)	50.6	(3)	3:09.0	16.9
4	GLADIN Arseny	SK Marsas Lithuania	2:19.6	(4)	52.2	(4)	3:11.8	19.7
5	ŠĶĒLE Rūdolfs	CPSS	2:25.2	(5)	54.4	(5)	3:19.6	27.5
6	KUBULIŅŠ Jāzeps	Gulbenes BJSS/SK Lejasciems	2:33.9	(6)	54.8	(6)	3:28.7	36.6
7	LINGARTS Jānis Artūrs	CPSS	2:35.8	(7)	56.7	(7)	3:32.5	40.4
8	GAISS Otto	CPSS	2:37.8	(8)	57.2	(9)	3:35.0	42.9
9	PLOTKA Pēteris	Madonas BJSS	2:38.5	(9)	57.0	(8)	3:35.5	43.4
10	GAVARS Klāvs	CPSS	2:39.5	(10)	57.7	(11)	3:37.2	45.1
11	SALMIŅŠ Miķelis	Gulbenes BJSS/SK Lejasciems	2:40.0	(11)	58.3	(13)	3:38.3	46.2
12	ŠČITOVS Maksims	Madonas BJSS	2:43.0	(12)	57.2	(9)	3:40.2	48.1
13	SPOLĪTIS Gustavs	CPSS	2:47.0	(13)	57.9	(12)	3:44.9	52.8
14	ŽEGLOVS Krišjānis	Lidojošais Slēpotājs	2:53.4	(14)	1:04.6	(17)	3:58.0	1:05.9
15	SVALBS Ralfs	Madonas BJSS	2:53.7	(15)	1:06.4	(19)	4:00.1	1:08.0
16	LUKAŠEVICS Gustavs	Madonas BJSS	2:59.2	(18)	1:02.0	(15)	4:01.2	1:09.1
17	NEBARS Pēteris	CPSS	2:58.0	(17)	1:03.8	(16)	4:01.8	1:09.7
18	ŠULCS Gatis	CPSS	2:55.3	(16)	1:08.6	(21)	4:03.9	1:11.8
19	SKRASTIŅŠ Rojs	CPSS	3:06.7	(19)	1:05.7	(18)	4:12.4	1:20.3
20	MERI Aleksandrs	SS Arkādija	3:15.4	(20)	1:01.7	(14)	4:17.1	1:25.0
21	LAPIŅŠ Niklavs Kristaps	CPSS	3:17.1	(21)	1:08.1	(20)	4:25.2	1:33.1
22	OZOLS-OZOLIŅŠ Vilis	SS Arkādija	3:21.4	(22)	1:12.6	(22)	4:34.0	1:41.9
23	MEŽS Kalvis Ivalts	SS Arkādija	3:27.3	(23)	1:16.3	(23)	4:43.6	1:51.5
24	BREKTE Ronalds	Gulbenes BJSS/SK Lejasciems	3:33.6	(24)	1:19.5	(24)	4:53.1	2:01.0
25	CĀLĪTIS Gundars	CPSS	4:27.1	(25)	1:42.1	(25)	6:09.2	3:17.1

S14 1,8 km

1	BEKERE Lāsma Marta	Madonas BJSS	4:04.6	(1)	45.8	(2)	4:50.4	
2	ŠĶĒLE Dārta	Madonas BJSS	4:10.7	(3)	44.8	(1)	4:55.5	5.1
3	PLĀTE Alise	Madonas BJSS	4:09.0	(2)	48.4	(3)	4:57.4	7.0
4	GRUDULE Sabīne	Madonas BJSS	4:24.4	(4)	51.7	(9)	5:16.1	25.7
5	MIGLONE Luīze	Madonas BJSS	4:26.4	(5)	50.4	(5)	5:16.8	26.4

Rank	Name	Club	Sector 1	Rank	Sector 2	Rank	Time	Gap
6	KRIEVIŅA Annija	CPSS	4:28.2	(6)	50.0	(4)	5:18.2	27.8
7	ĀBOLTIŅA Kate	CPSS	4:33.1	(7)	50.5	(6)	5:23.6	33.2
8	MAKAREVICIUTE Meda	SK Marsas	4:34.4	(8)	52.9	(11)	5:27.3	36.9
9	PIKSONE Estere	SK ASM	4:37.8	(9)	52.4	(10)	5:30.2	39.8
10	KRĒMERE Kerija	Madonas BJSS	4:39.1	(10)	51.5	(8)	5:30.6	40.2
11	KUODYTĒ Saulē	SK Marsas	4:44.9	(11)	51.2	(7)	5:36.1	45.7
12	OZOLIŅA Elizabete Keita	Madonas BJSS	4:45.0	(12)	56.2	(16)	5:41.2	50.8
13	BOROŅENKO Jelizaveta	Daugavpils ISVS	4:50.0	(13)	54.9	(14)	5:44.9	54.5
14	KALNIŅA Līva	SS Arkādija	5:01.6	(15)	55.8	(15)	5:57.4	1:07.0
15	TRIBISA Ariana	Krāslavas Sporta skola	5:00.4	(14)	57.1	(17)	5:57.5	1:07.1
16	RIEKSTIŅA Paula	CPSS	5:08.2	(16)	1:01.7	(24)	6:09.9	1:19.5
17	KUZMINA Kira	SK Marsas	5:16.3	(17)	54.6	(13)	6:10.9	1:20.5
18	GAILE Anna	SS Arkādija	5:22.1	(19)	53.6	(12)	6:15.7	1:25.3
19	ŽĪGURE Marta	Gulbenes BJSS/SK Lejasciems	5:18.8	(18)	1:00.4	(23)	6:19.2	1:28.8
20	MERI Helēna	SS Arkādija	5:23.1	(20)	58.2	(19)	6:21.3	1:30.9
21	KONDIO Sofija	Daugavpils ISVS	5:29.5	(21)	1:00.1	(22)	6:29.6	1:39.2
22	LIELBĀRDE Līva	CPSS	5:40.9	(22)	57.4	(18)	6:38.3	1:47.9
23	MAIZĪTE Monta Marta	CPSS	5:42.9	(23)	58.4	(21)	6:41.3	1:50.9
24	NAPREJENKO Estere	CPSS	5:57.6	(24)	58.3	(20)	6:55.9	2:05.5
25	NIKELE Viktorija	Daugavpils ISVS	7:14.2	(25)	1:13.2	(25)	8:27.4	3:37.0
26	RAMATA Laura	CPSS	7:20.0	(26)	1:16.3	(26)	8:36.3	3:45.9

1. posms
Īsā distance Brīvajā stilā ar intervāla startu
Sector times

Rank	Name	Nation	Sector 1	Rank	Sector 2	Rank	Sector 3	Rank	Time	Gap
V14 3,6 km (1,8 km x 2)										
1	BĒRZIŅŠ Ginters	LAT	3:40.8 (1)	4:29.9 (2)	41.0 (1)	8:51.7				
2	SKRIDE Ernests	LAT	3:51.7 (2)	4:26.2 (1)	42.7 (2)	9:00.6			8.9	
3	SKUJIŅŠ Valts	LAT	3:53.5 (3)	4:32.0 (3)	45.1 (4)	9:10.6			18.9	
4	BILANS Leo	LAT	4:05.6 (4)	4:40.9 (4)	54.3 (21)	9:40.8			49.1	
5	VUŠKĀNS Valts	LAT	4:16.2 (6)	4:48.0 (5)	42.7 (2)	9:46.9			55.2	
6	TOLPEŽŅIKOVS Roberts	LAT	4:16.8 (7)	4:49.3 (7)	45.6 (5)	9:51.7			1:00.0	
7	GARISONS Patriks	LAT	4:20.3 (8)	4:49.2 (6)	46.3 (6)	9:55.8			1:04.1	
8	VANAGS Emīls	LAT	4:14.7 (5)	4:56.9 (8)	47.7 (7)	9:59.3			1:07.6	
9	KŪLĪTIS Ervīns	LAT	4:22.3 (9)	4:58.3 (9)	48.4 (8)	10:09.0			1:17.3	
10	BRICIS Rūdolfs	LAT	4:23.1 (10)	5:05.0 (10)	48.9 (9)	10:17.0			1:25.3	
11	ARAMA Martins	LAT	4:30.2 (12)	5:12.3 (12)	49.4 (10)	10:31.9			1:40.2	
12	GLĀZNIĒKS Mārcis	LAT	4:35.8 (15)	5:08.4 (11)	50.9 (12)	10:35.1			1:43.4	
13	LAZDĀNS Māris	LAT	4:28.6 (11)	5:14.6 (13)	52.4 (15)	10:35.6			1:43.9	
14	DREIMANIS Jānis	LAT	4:32.0 (13)	5:20.3 (15)	50.1 (11)	10:42.4			1:50.7	
15	ASARIS Edgars Aivo	LAT	4:33.4 (14)	5:18.6 (14)	51.6 (13)	10:43.6			1:51.9	
16	DERGUNOVs Georgijs	LAT	4:44.3 (16)	5:23.3 (16)	52.7 (16)	11:00.3			2:08.6	
17	UMBLEJS Justs Uga	LAT	4:45.6 (17)	5:36.5 (19)	54.3 (21)	11:16.4			2:24.7	
18	PLORIŅŠ Gustavs	LAT	4:46.7 (19)	5:34.1 (18)	56.2 (25)	11:17.0			2:25.3	
19	JONINS Jēkabs	LAT	4:45.7 (18)	5:42.2 (22)	53.7 (18)	11:21.6			2:29.9	
20	GULBIS Armands	LAT	5:00.6 (22)	5:32.6 (17)	56.0 (24)	11:29.2			2:37.5	
21	BEINERTS Dāvids	LAT	5:01.6 (23)	5:39.5 (21)	53.0 (17)	11:34.1			2:42.4	
22	GERTMANIS Alberts	LAT	4:57.3 (21)	5:43.0 (23)	55.9 (23)	11:36.2			2:44.5	
23	BEIKULIS Kristers	LAT	5:07.0 (24)	5:38.5 (20)	54.0 (19)	11:39.5			2:47.8	
24	KLAUĢIS Krišjānis	LAT	4:49.6 (20)	6:06.7 (29)	51.7 (14)	11:48.0			2:56.3	
25	LAPA Andrejs	LAT	5:09.6 (27)	5:47.9 (25)	57.9 (26)	11:55.4			3:03.7	
26	LIEPIŅŠ Endijs	LAT	5:09.0 (26)	5:53.8 (27)	58.8 (27)	12:01.6			3:09.9	
27	ATLĀCIS Jānis	LAT	5:10.2 (28)	5:52.0 (26)	59.7 (30)	12:01.9			3:10.2	
28	BROKS Markuss	LAT	5:08.2 (25)	5:59.9 (28)	59.1 (28)	12:07.2			3:15.5	
29	MIHAILOVS Marks	LAT	5:10.4 (29)	6:18.7 (32)	54.0 (19)	12:23.1			3:31.4	
30	PANAVAS Mykolas	LTU	5:41.4 (33)	5:44.5 (24)	59.4 (29)	12:25.3			3:33.6	
31	OZOLS-OZOLIŅŠ Viesturs	LAT	5:24.6 (30)	6:13.1 (30)	1:00.7 (31)	12:38.4			3:46.7	
32	TIMOFEJEVS Dmitrijs	LAT	5:29.6 (32)	6:16.0 (31)	1:03.3 (33)	12:48.9			3:57.2	
33	STUPELIS Andris Jurģis	LAT	5:27.6 (31)	6:45.9 (33)	1:02.4 (32)	13:15.9			4:24.2	
34	LAKSIS Alberts	LAT	7:18.7 (34)	8:44.8 (34)	1:23.6 (34)	17:27.1			8:35.4	

S16 3,6 km (1,8 km x 2)

1	ZAĶE Amēlija	LAT	3:58.0 (1)	4:44.2 (1)	42.3 (1)	9:24.5				
2	MARCINKEVIČA Keita	LAT	4:07.9 (2)	4:48.1 (2)	46.1 (2)	9:42.1			17.6	
3	DJATKOVIČA Martīne	LAT	4:19.5 (4)	4:59.6 (3)	47.9 (4)	10:07.0			42.5	
4	BLEIDELE Stella	LAT	4:19.5 (4)	5:06.7 (4)	47.1 (3)	10:13.3			48.8	

Rank	Name	Nation	Sector 1	Rank	Sector 2	Rank	Sector 3	Rank	Time	Gap
5	ROŠTOKA Helēna	LAT	4:12.5	(3)	5:14.7	(6)	48.6	(6)	10:15.8	51.3
6	ALZIŅA Laura	LAT	4:23.4	(6)	5:12.4	(5)	50.9	(9)	10:26.7	1:02.2
7	SKRIDE Letīcija Anna	LAT	4:27.9	(7)	5:17.9	(7)	51.8	(11)	10:37.6	1:13.1
8	RADIVINSKA Evija	LAT	4:37.8	(9)	5:19.7	(8)	48.3	(5)	10:45.8	1:21.3
9	OZOLIŅA Patrīcija	LAT	4:28.7	(8)	5:27.3	(10)	50.3	(8)	10:46.3	1:21.8
10	BRILTE Linda Elizabete	LAT	4:42.0	(10)	5:23.0	(9)	51.2	(10)	10:56.2	1:31.7
11	GAILE Elizabete	LAT	4:57.1	(12)	5:48.6	(11)	49.7	(7)	11:35.4	2:10.9
12	PAULOVA Alise	LAT	4:53.5	(11)	5:52.2	(13)	56.3	(17)	11:42.0	2:17.5
13	NAPREJENKO Keitija	LAT	4:59.8	(14)	5:51.1	(12)	51.8	(11)	11:42.7	2:18.2
14	ŅEVEDOMSKA Polina	LAT	4:58.2	(13)	5:52.6	(14)	57.0	(18)	11:47.8	2:23.3
15	UPENEICE Ance	LAT	5:06.6	(16)	5:58.1	(16)	54.7	(14)	11:59.4	2:34.9
16	LABSVĪRA Eleanora	LAT	5:03.1	(15)	6:04.4	(17)	53.7	(13)	12:01.2	2:36.7
17	VAGELE Viktorija	LAT	5:08.6	(17)	5:55.9	(15)	58.0	(20)	12:02.5	2:38.0
18	SUKURE Estere	LAT	5:15.5	(18)	6:06.6	(18)	54.8	(15)	12:16.9	2:52.4
19	LŪSE Undīne	LAT	5:17.3	(19)	6:20.8	(20)	55.2	(16)	12:33.3	3:08.8
20	GERMANOVIČA Ksenija	LAT	5:27.0	(21)	6:11.8	(19)	1:00.9	(21)	12:39.7	3:15.2
21	GRIGORJEVA Arina	LAT	5:25.3	(20)	6:21.9	(21)	57.3	(19)	12:44.5	3:20.0

V16 5,2 km (2,6 km x 2)

1	BILANS Bruno	LAT	5:02.9 (1)	5:44.5 (2)	38.3 (1)	11:25.7	
2	CIRCENS Indriķis Ints	LAT	5:13.6 (2)	5:44.0 (1)	40.5 (3)	11:38.1	12.4
3	RAUDZIŅŠ Rūdolfs	LAT	5:14.1 (3)	6:04.5 (3)	39.4 (2)	11:58.0	32.3
4	KALNIŅŠ Dāvis	LAT	5:42.7 (4)	6:28.1 (4)	43.9 (5)	12:54.7	1:29.0
5	ZILIS Gļebs	LAT	5:56.2 (5)	6:58.1 (5)	43.6 (4)	13:37.9	2:12.2
6	PLOTKA Ernests	LAT	5:58.5 (6)	7:02.1 (8)	45.5 (7)	13:46.1	2:20.4
7	KRŪMIŅŠ Kaspars	LAT	6:09.4 (8)	7:00.8 (7)	44.9 (6)	13:55.1	2:29.4
8	OVČIŅNIKOVS Ruslans	LAT	6:10.7 (10)	7:03.0 (9)	49.1 (13)	14:02.8	2:37.1
9	SPOLĪTIS Emīls	LAT	6:09.0 (7)	7:07.2 (13)	47.3 (9)	14:03.5	2:37.8
10	LANCS Mārtiņš	LAT	6:16.2 (12)	7:00.2 (6)	47.3 (9)	14:03.7	2:38.0
11	VECELIS Mārtiņš Severīns	LAT	6:13.4 (11)	7:05.3 (11)	48.6 (12)	14:07.3	2:41.6
12	PANAVAS Pijus	LTU	6:17.4 (13)	7:03.2 (10)	50.8 (17)	14:11.4	2:45.7
13	ŠKAĻIKOVS Alekss	LAT	6:09.5 (9)	7:11.5 (14)	51.3 (18)	14:12.3	2:46.6
14	PAULIŅŠ Gregors	LAT	6:22.2 (14)	7:05.4 (12)	49.1 (13)	14:16.7	2:51.0
15	SALMIŅŠ Matīss	LAT	6:30.5 (15)	7:20.8 (15)	47.8 (11)	14:39.1	3:13.4
16	ZĀLĪTIS Armands	LAT	6:41.2 (16)	7:31.4 (16)	46.9 (8)	14:59.5	3:33.8
17	IGNATJEVS Vladislavs	LAT	6:54.2 (17)	8:04.4 (17)	53.2 (19)	15:51.8	4:26.1
18	ŠTEINBERGS Roberts	LAT	6:56.6 (18)	8:10.4 (18)	50.6 (16)	15:57.6	4:31.9
19	FJODOROVŠ Rolands	LAT	7:07.5 (19)	8:37.6 (19)	50.5 (15)	16:35.6	5:09.9
20	OSMANIS Kristiāns	LAT	7:47.3 (20)	8:40.1 (20)	56.0 (20)	17:23.4	5:57.7

1. posms
Īsā distance Brīvajā stilā ar intervāla startu
Sector times

Rank	Name	Sector 1	Rank	Sector 2	Rank	Sector 3	Rank	Sector 4	Rank	Time	Gap
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V40 5,4 km (1,8 km x 3)

1	CAUNE Ivo	3:37.5	(1)	4:10.2	(1)	4:18.5	(1)	45.3	(1)	12:51.5	
2	GRAUDIŅŠ Gatis	4:05.5	(2)	5:07.5	(2)	5:08.9	(2)	49.5	(2)	15:11.4	2:19.9
3	TREIKMANIS Mārtiņš	4:14.6	(3)	5:18.3	(3)	5:17.0	(3)	52.3	(3)	15:42.2	2:50.7
4	ZARIŅŠ Mariss	4:24.1	(4)	5:40.8	(4)	5:41.5	(4)	52.6	(4)	16:39.0	3:47.5

V50 5,4 km (1,8 km x 3)

1	DANČAUSKIS Uģis	4:35.8	(1)	5:35.0	(2)	5:27.3	(2)	50.9	(1)	16:29.0	
2	SKOLNIEKS Jānis	4:44.2	(2)	5:28.2	(1)	5:26.0	(1)	51.5	(2)	16:29.9	0.9
3	ZUNTE Andris	4:58.3	(3)	5:44.2	(3)	5:53.9	(3)	51.9	(3)	17:28.3	59.3