

LATVIAN SKI FEDERATION

FREESTYLE SKIING AND SNOWBOARDING 2019/2020 SEASON CALENDAR

2019./2020. LSF event calendar is the most crowded LSF calendar ever for freestyle skiing and snowboarding.

This season's calendar can be divided into 2 parts: Sporting events (these are competitions in Olympic disciplines for both youngsters and adults, and also season rank that serves as a team selection), Lifestyle events (these are events that promote freestyle skiing and snowboarding to a wider audience).

This season's event calendar is designed to promote the development of sports at all levels, as well as to attract the widest range of participants

Date	Place	Event name	Discipline
01.12.2019 – 16.03.2020	World	Video competition	Video
*18.01 vai 25.01.2020	Žagarkalns or Ozolkalns, Cēsis	Youth cup in freestyle skiing and snowboarding 1th stage	Slopestyle
*08.02. vai 15.02.2020	Milzkalns, Tukums	Youth cup in freestyle skiing and snowboarding 2nd stage	Slopestyle
22.08.2020	Viešura kalns, Ērgļi	Latvian school winter festival	Big Air
14.03.2020	Milzkalns, Tukums	FIS Latvian Open in freestyle skiing and snowboarding	Big Air
21.03. 2020	Milzkalns, Tukums	LSF season ender and Rigas Bendes Invitational	Rail Jam
1.04 – 10.04.2020	Europe	Latvian snowboard and freeski team trip	Slopestyle Big Air

Event calendar

* If due to bad weather conditions in Zagarkalns it is not possible to create an appropriate race park then January 25 is used for the first Youth Cup and February 15 for the second stage.

Video competition

Video competitions are designed to promote and develop freeski and snowboard video making, which is a big part of these sports. The competition will be divided into two groups: freestyle skiing and snowboarding. The competition will be open to video footage taken between December 1, 2019 and March 14, 2020. Participants will be awarded 4 nominations in both freestyle skiing and snowboarding.

Freestyle skiing and snowboarding youth cup

The competition takes place in 2 stages, for competitors from 10 to 19 years old and is divided into the following groups - youngsters, juniors and girls both freestyle skiing and snowboarding. Race discipline is slopestyle, where participants ride a specially prepared curse or park consisting of jumps and slides. The overall rank is created throughout the season, with points being counted.

Latvian School Winter Festival

The competition is organized in cooperation with Latvian Sports Federation. Competition participants are 10 to 19 years old and are divided into the following groups - youngster, juniors and girls both freestyle skiing and snowboarding. The race discipline is big air. This competition is included in the LSF Youth Rank.

FIS Latvian Open freestyle skiing and snowboarding

The competitions are organized according to the FIS (International Ski Federation) level and are included in the FIS calendar. Participants compete in the big air discipline and are divided into 2 groups in each sport: FIS men, FIS women. Invitations will be sent to the best riders of Latvia, Estonia, Lithuania and other countries. The best Latvian riders are awarded with the Latvian Champion title and medals. In over-all participants are awarded with cash prizes and supporters' prizes.

LSF freeski and SNB season ender and "Rigas Bendes" Invitational

The event is organized to mark the past season and bring together all Latvian freestyle skiers and snowboarders to a proper party following all the best freestyle skiing and snowboarding traditions. A self-designed jib set-up on the latest snow scribbles, spring sun and slush, drinks, food and good music from dj.

Latvian Freeski and Snowboard team training and competition trip

For this trip, the best riders of Latvia in each sport will be selected based on the LSF competition ranking in both the youth and the elite.

Hopefully some event will appeal to you and you will become a part of it! More detailed information about each event can be found in the regulations of these events, which can be found on the official Latvian Ski Federation web site <u>www.ski.lv</u> in the snowboard and freestyle skiing calendar section or on facebook / instagram @latvian_snowboard_freeski. See you soon at local hills and parks.