

APEX2100

International Ski Academy · Académie Internationale de Ski



FIS DEVELOPMENT SCHOLARSHIP PROGRAMME



INTRODUCTION :

As official FIS Development Programme Academy partner Apex2100 are delighted to welcome Scholarship applications for one female and one male athlete to attend the Apex International Ski Academy based in Tignes, France at 2100m. The scholarship period is from November 2020 to April 2021.



About the programme

Based in Tignes, France at 2100m, Apex provides talented skiers with world class *Learning, Training and Performance* programmes to help create future Champions.

Who should apply?

We welcome applications from athletes born in 2005 and 2006 who have represented their sport (alpine skiing) at a national or regional level.

Education

Successful applicants will be able to fully integrate into the curriculum at Apex during their stay. The teaching language at Apex is English and Apex will provide language tuition support if needed. Alternatively athletes will be able to continue with education provided by their host school but Apex will not be able to provide teachers to deliver this curriculum.

LEARNING REIMAGINED :

Led by the Academy Director, Chris Thomson, the Apex International Ski Academy will place education centre-stage. We adapt the education to the busy training and race schedules of our athletes. A blended curriculum is delivered by a team of highly qualified, experienced teachers and tutors via a mix of online, face-to-face and small group lessons in our top specification classrooms and laboratories.

International Learning

With international competition a key part of the Apex Programme, we are developing the use of the latest digital technology to ensure students thrive in the academic studies no matter where in the world they are.

Connected Schools

Until U16, students maintain strong academic links with home by spending sections of the year back in their own school. After U16, students will attend Apex full-time, following an internationally recognised curriculum; specifically chosen to support international students for a career in competition and life after sport. This will only be offered from the season 20/21 onwards.

Care and Wellbeing

At Apex, the well-being of every child is paramount. In partnering with the highly respected schools group, United Learning, who help provide all aspects of the academic programme, all our students are looked after by specially selected House Parents and a team of dedicated, professionally trained boarding staff, all of whom are trained in Safeguarding.



TRAINING REIMAGINED :

The Apex International Ski Academy will provide a world-class ski coaching programme led by Head Coach, Alex Vitinov, who has a vast amount of experience at the highest level of both international ski racing and coaching.



Apex Training

Skiers at Apex will learn the sport of ski racing using the 3D (Discover, Distil, Do) Training Process pioneered by our Director of Sport, Sir Clive Woodward. Clive's methods have been developed over a lifetime working with high performing teams including as Head Coach of the England Rugby team who won the World Cup in 2003 and as Director of Sport for Team GB throughout the Beijing 2008, Vancouver 2010 and London 2012 Olympic Games as well as Chef de Mission at the 2012 Youth Olympics in Innsbruck.

Working in partnerships

We are extremely proud to be an official FIS Development Programme Academy Partner.

A fundamental Apex philosophy is to build partnerships with key local stakeholders including Club des Sport Tignes and the Comité De Ski de Savoie, as well as with the Fédération Française de Ski.

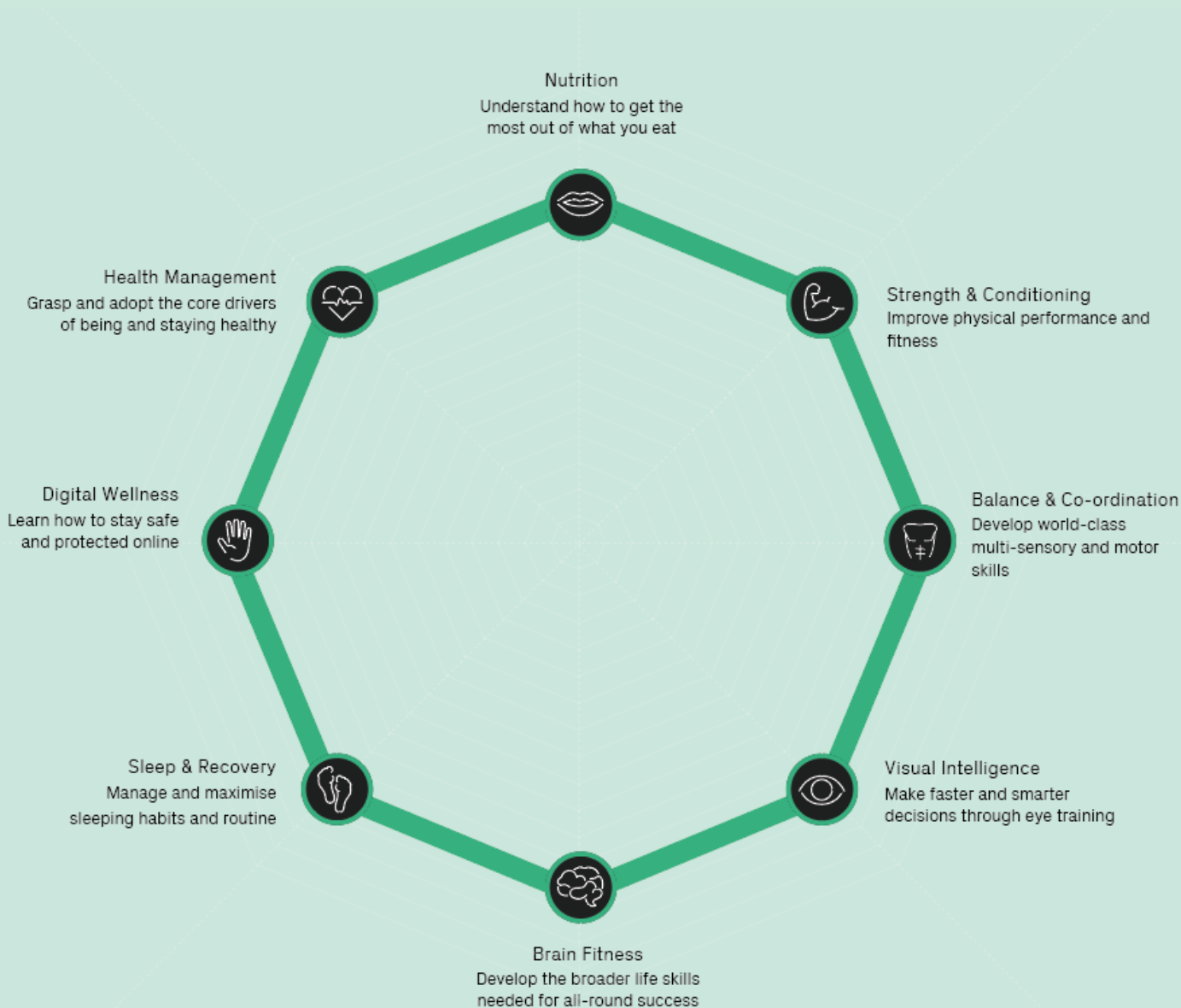
We are extremely proud to be affiliated members of the FFS. This allows Apex athletes to ski in the French ski system including the French National Championships.

PERFORMANCE REIMAGINED :

How athletes prepare to perform is key to becoming a successful athlete. Led by Director of Performance, Jeremy Mather, the Apex Performance programme is a unique high performance programme, devised by our Director of Sport Sir Clive Woodward.

Specially crafted for Apex2100, the Performance programme has been created to enable athletes with the necessary skills to perform to the highest possible standards in all areas of their life.

At Apex we have recruited a number of specialists who will deliver modules covering: Nutrition, Strength & Conditioning, Balance & Co-ordination, Visual Intelligence, Brain Fitness, Sleep & Recovery, Digital Wellness and Health Management. These are the core building blocks that we believe allow young people to perform at their optimum.



SCHOLARSHIP - PROCEDURE AND KEY DATES

Please note the following procedure and key dates for the scholarship application

April 13th-17th 2020:

Five female and five male athletes are invited to a final selection camp at Apex in Tignes, France.

The ten athletes are selected by a panel of the FIS Development Programme coaches

A personal invitation with a detailed programme for the camp will be provided to the selected finalists

April 30th, 2020

Successful applicants for the Apex Scholarship 2020/21 are announced (one male, one female)

The decision will be made jointly by the FIS Development Programme coaches and Apex2100



WHAT'S INCLUDED IN SCHOLARSHIP:

Scholarship athletes will be provided with full access to Apex's unique LEARN, TRAIN and PEFORM programmes



November 2020 - April 2021: Scholarship period *

- Accommodation in Tignes during the published programme dates,
- Food: our menus designed by our own Nutritionist, Dr. Adam Carey, and prepared by our in-house team of chefs who bespoke the menu to reflect the training needs of every athlete.
- Travel around the Tarentaise valley, and to and from races.
- Lift passes in Tignes (with Carte Neige insurance) and at races. Club des Sports Tignes membership, Local French race entry fees.
- Provision of non-commercially available prototype equipment (such as sensors, coaching software, multi-sport physical programme equipment, etc.)
- Membership of the Apex2100 online Learning Platform, "The Hub".

** December 22nd, 2020 - January 4th, 2021, Christmas break (provisional)*

Not included in the programme fees are: Flights to and from home country. Transfers to Tignes. Attendance & entry into International & National French Races outside of the Tarentaise area. Any clothing requirements: i.e. helmets, gloves, catsuits, Apex uniform, unless provided free of charge by sponsors. Ski equipment: i.e. skis, boots, poles, shin guards, pole guards, chin guards, rucksacks. Educational equipment; i.e. iPad, Medical insurance.

THANK YOU

Thank you for taking the time to read about
The Apex2100 FIS Development Scholarship Programme.

For further information on the
The Apex2100 International Ski Academy please visit:

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