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## Lithuanian National Championship. I stage

7-8<sup>th</sup> of January 2023. Cesis cross-country skiing and biathlon center, Priekuli, Latvia

Lithuanian national skiing association in cooperation with Cesis cross-country skiing and biathlon center invites you to Lithuanian National Championship I stage competition.

### The aim of competitions:

Make more popular skiing sport by organizing international competition and inviting athletes from foreign countries.

### Date and place of competitions:

Competitions will be held in Cesis cross-country skiing and biathlon center, at 7-8<sup>th</sup> of January 2023.

### Competition jury:

FIS TD Jaunius Drūsytis (Lithuania)  
Chief of the competition Mārtiņš Niklass (Latvia)

### Organizing committee:

Competition secretary (Lithuania)  
Timing Janis Lazdanš (Latvia)

### Participants:

Sprint and Distance event:

1. Men – M21 and Women – W21 (Born from 2007 Y.B. and older)

All FIS athletes participate in one Men - **M21** and one Women - **W21** group (a competitor must have reached his 16th birthday before the end of the calendar year (1st January – 31st December) in which the season ends (not younger than born in 2007)). Results will be excluded into age groups and published after the competition. Athletes from all countries can participate in the competitions. All FIS athletes must have a valid insurance and valid FIS code.

### Competition program:

#### Saturday, 7<sup>th</sup> January 2023

10:00 – 11:30 Official training

10:30 – 11:45 Distribution of starting bibs

11:00 Team Captains Meeting

12:00 Qualification Sprint F Women

12:05 Qualification Sprint F Men

13:00 Quarterfinal, Semifinal, Final

14:00 Official prize giving ceremony

#### Sunday, 8<sup>th</sup> January 2023

08:00 – 09:30 Official training

09:00 – 09:45 Distribution of starting bibs

09:30 Team Captains Meeting





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**10:00** 5 kilometers Distance C Women

**10:30** 10 kilometers Distance C Men

**11:45** Official prize giving ceremony

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**Entry fee:**

Entry fee – no entry fee.

**Team entries:**

Registration can be done online here: <https://forms.gle/QH4K5WeHQZHFtQ3N9> or official team entries can be sent to [petrovas.d.j@gmail.com](mailto:petrovas.d.j@gmail.com) **no later than January 4<sup>th</sup>, 2022 21:00 o'clock.**

**Only athletes with active FIS code can participate in these competitions.**

**For a late entries there will be applied an additional entry fee.**

**Entry list:**

<https://docs.google.com/spreadsheets/d/1SJSm5vAuHvEQniUveighdHNYpj0cIX93Wu5CrQ1Okcs/edit?usp=sharing>

Coaches are responsible for their children safety during the competition. Adults are responsible for their own safety.

For any information, please contact us by phone +370 601 83946 or email: [petrovas.d.j@gmail.com](mailto:petrovas.d.j@gmail.com)

