



| Rank | Bib | Name | Year | Category | Time | Gap |
|--------------|-----|--------------------|------|----------|---------|---------|
| Women | | | | | | |
| 1 | 31 | CEDERSTREMA Ieva | 1969 | S40 | 14:28.0 | |
| 2 | 52 | ZVIEDRE Ineta | 1966 | S40 | 14:43.6 | 15.6 |
| 3 | 59 | KOKOREVIČA Inese | 1984 | S | 14:47.7 | 19.7 |
| 4 | 29 | JONIČENKO Natālija | 1968 | S40 | 15:02.7 | 34.7 |
| 5 | 3 | SKRASTIŅA Rita | 1972 | S40 | 16:43.0 | 2:15.0 |
| 6 | 24 | EGLĪTE Inguna | 1964 | S40 | 16:48.1 | 2:20.1 |
| 7 | 25 | GULBE Liena | 1968 | S40 | 16:53.6 | 2:25.6 |
| 8 | 35 | PUIDZE Dana | 1981 | S30 | 17:32.5 | 3:04.5 |
| 9 | 15 | SAUSIŅA Līga | 1967 | S40 | 17:48.2 | 3:20.2 |
| 10 | 68 | CAUNE Agnese | 1979 | S30 | 18:33.7 | 4:05.7 |
| 11 | 32 | CEDERSTREMA Dace | 1975 | S30 | 18:37.5 | 4:09.5 |
| 12 | 73 | POMAZANOVA Aija | 1956 | S50 | 19:26.2 | 4:58.2 |
| 13 | 39 | ZALUPE Sandija | 1980 | S30 | 19:57.2 | 5:29.2 |
| 14 | 36 | ŠMITE Madara | 1987 | S | 21:11.5 | 6:43.5 |
| 15 | 41 | ORMANE Vita | 1977 | S30 | 24:25.4 | 9:57.4 |
| 16 | 13 | GŪTMANE Līga | 1984 | S | 26:55.6 | 12:27.6 |
| 17 | 23 | RUTKA Guna | 1983 | S | 31:57.7 | 17:29.7 |

Did Not Start (3)

| | | | |
|----|----------------|------|-----|
| 47 | KALĒJA Liene | 1981 | S30 |
| 53 | KRASTIŅA Iveta | 1963 | S40 |
| 63 | RUDOVIČA Vita | 1982 | S30 |



| Rank | Bib | Name | Year | Category | Time | Gap |
|------|-----|------|------|----------|------|-----|
|------|-----|------|------|----------|------|-----|

S

| | | | | | | |
|---|----|------------------|------|---|---------|---------|
| 1 | 59 | KOKOREVIČA Inese | 1984 | S | 14:47.7 | |
| 2 | 36 | ŠMITE Madara | 1987 | S | 21:11.5 | 6:23.8 |
| 3 | 13 | GŪTMANE Līga | 1984 | S | 26:55.6 | 12:07.9 |
| 4 | 23 | RUTKA Guna | 1983 | S | 31:57.7 | 17:10.0 |

S30

| | | | | | | |
|---|----|------------------|------|-----|---------|--------|
| 1 | 35 | PUIDZE Dana | 1981 | S30 | 17:32.5 | |
| 2 | 68 | CAUNE Agnese | 1979 | S30 | 18:33.7 | 1:01.2 |
| 3 | 32 | CEDERSTREMA Dace | 1975 | S30 | 18:37.5 | 1:05.0 |
| 4 | 39 | ZAĻUPE Sandija | 1980 | S30 | 19:57.2 | 2:24.7 |
| 5 | 41 | ORMANE Vita | 1977 | S30 | 24:25.4 | 6:52.9 |

Did Not Start (2)

| | | | |
|----|---------------|------|-----|
| 47 | KALĒJA Liene | 1981 | S30 |
| 63 | RUDOVIČA Vita | 1982 | S30 |

S40

| | | | | | | |
|---|----|--------------------|------|-----|---------|--------|
| 1 | 31 | CEDERSTREMA Ieva | 1969 | S40 | 14:28.0 | |
| 2 | 52 | ZVIEDRE Ineta | 1966 | S40 | 14:43.6 | 15.6 |
| 3 | 29 | JONIČENKO Natālija | 1968 | S40 | 15:02.7 | 34.7 |
| 4 | 3 | SKRASTIŅA Rita | 1972 | S40 | 16:43.0 | 2:15.0 |
| 5 | 24 | EGLĪTE Inguna | 1964 | S40 | 16:48.1 | 2:20.1 |
| 6 | 25 | GULBE Liena | 1968 | S40 | 16:53.6 | 2:25.6 |
| 7 | 15 | SAUSIŅA Līga | 1967 | S40 | 17:48.2 | 3:20.2 |

Did Not Start (1)

| | | | |
|----|----------------|------|-----|
| 53 | KRASTIŅA Iveta | 1963 | S40 |
|----|----------------|------|-----|

S50

| | | | | | | |
|---|----|-----------------|------|-----|---------|--|
| 1 | 73 | POMAZANOVA Aija | 1956 | S50 | 19:26.2 | |
|---|----|-----------------|------|-----|---------|--|



| Rank | Bib | Name | Year | Category | Time | Gap |
|------------|-----|-----------------------|------|----------|---------|---------|
| Men | | | | | | |
| 1 | 37 | ZAĻUPE Kristaps | 1976 | V30 | 24:47.0 | |
| 2 | 6 | PUTNIS Daumants | 1970 | V40 | 24:52.7 | 5.7 |
| 3 | 19 | CELMIŅŠ Aigars | 1965 | V40 | 25:00.5 | 13.5 |
| 4 | 57 | KOKOREVIČS Edgars | 1987 | V | 25:18.8 | 31.8 |
| 5 | 21 | PĒTERSONS Armands | 1984 | V | 26:42.8 | 1:55.8 |
| 6 | 2 | BEČERS Līgonis | 1956 | V50 | 26:45.2 | 1:58.2 |
| 7 | 67 | CAUNE Atis | 1981 | V30 | 26:51.7 | 2:04.7 |
| 8 | 17 | GEIDĀNS Mikus | 1990 | V | 27:00.7 | 2:13.7 |
| 9 | 30 | ŽUNDA Vjačeslavs | 1977 | V30 | 27:12.0 | 2:25.0 |
| 10 | 20 | GNEDLERS Ģirts | 1983 | V | 27:15.0 | 2:28.0 |
| 11 | 1 | LĀCIS Mareks | 1977 | V30 | 27:15.8 | 2:28.8 |
| 12 | 64 | JANKOVSKIS Ģirts | 1970 | V40 | 27:28.8 | 2:41.8 |
| 13 | 34 | PUIDZE Edgars | 1986 | V | 28:24.2 | 3:37.2 |
| 14 | 28 | JONIČENKO Andis | 1966 | V40 | 28:29.3 | 3:42.3 |
| 15 | 61 | SEROVS Aleksandrs | 1979 | V30 | 28:37.9 | 3:50.9 |
| 16 | 65 | JĀKOBSONS Mārcis | 1970 | V40 | 28:53.6 | 4:06.6 |
| 17 | 66 | SPROĢIS Jānis | 1981 | V30 | 29:05.8 | 4:18.8 |
| 18 | 4 | KALNIŅŠ Uldis | 1969 | V40 | 29:14.8 | 4:27.8 |
| 19 | 42 | ZASPENKO Vladimirs | 1965 | V40 | 29:20.4 | 4:33.4 |
| 20 | 46 | LOGINS Aivars | 1961 | V50 | 29:40.4 | 4:53.4 |
| 21 | 43 | KURŠĀNS Zigmārs | 1983 | V | 29:52.1 | 5:05.1 |
| 22 | 18 | OGORODŅIKOVŠ Jānis | 1988 | V | 29:55.6 | 5:08.6 |
| 23 | 49 | ĀBOLIŅŠ Arnis | 1974 | V30 | 30:07.2 | 5:20.2 |
| 24 | 62 | KLAPENKOVŠ Vladislavs | 1996 | V | 30:38.2 | 5:51.2 |
| 25 | 7 | MARKITĀNS Agnis | 1972 | V40 | 30:38.8 | 5:51.8 |
| 26 | 40 | SKOPANS Uģis | 1973 | V30 | 31:02.5 | 6:15.5 |
| 27 | 51 | LACIS Janis | 1973 | V30 | 31:17.4 | 6:30.4 |
| 28 | 60 | KRŪMIŅŠ Ilmārs | 1955 | V50 | 31:25.9 | 6:38.9 |
| 29 | 50 | SEDLINS Uldis | 1976 | V30 | 31:30.5 | 6:43.5 |
| 30 | 11 | GROBIŅŠ Mārtiņš | 1963 | V40 | 31:37.1 | 6:50.1 |
| 31 | 44 | GRĪNBERGS Pēteris | 1957 | V50 | 31:49.3 | 7:02.3 |
| 32 | 10 | CIBULS Valdis | 1961 | V50 | 31:57.8 | 7:10.8 |
| 33 | 14 | BAGATSKIS Kaspars | 1981 | V30 | 32:10.1 | 7:23.1 |
| 34 | 27 | CAUNE Dainis | 1951 | V50 | 32:37.7 | 7:50.7 |
| 35 | 71 | PODNIĒKS Jānis | 1977 | V30 | 33:54.9 | 9:07.9 |
| 36 | 22 | KARPOVS Andris | 1981 | V30 | 36:41.0 | 11:54.0 |
| 37 | 69 | POGA Gustavs | 1981 | V30 | 37:03.2 | 12:16.2 |
| 38 | 38 | ZAĻUPE Sergejs | 1952 | V50 | 37:03.3 | 12:16.3 |
| 39 | 72 | POMAZANOVŠ Aigars | 1955 | V50 | 37:50.5 | 13:03.5 |
| 40 | 16 | FREIMANIS Rauls | 1964 | V40 | 38:59.0 | 14:12.0 |
| 41 | 12 | GŪTMANIS Jānis | 1984 | V | 41:45.6 | 16:58.6 |
| 42 | 70 | LIZBOVSKIS Lauris | 1973 | V30 | 44:53.2 | 20:06.2 |

Did Not Start (11)

| | | | |
|---|----------------|------|-----|
| 5 | RORBAHS Māris | 1983 | V |
| 8 | RŪTIŅŠ Jānis | 1958 | V50 |
| 9 | BAJĀRS Kaspars | 1983 | V |



| Rank | Bib | Name | Year | Category | Time | Gap |
|------|-----|-------------------------|------|----------|------|-----|
| 26 | | GRIGALINOVIČS Krišjānis | 1983 | V | | |
| 33 | | SĪMANIS Andrejs | 1994 | V | | |
| 45 | | ŠUMA Aigars | 1970 | V40 | | |
| 48 | | KALĒJS Aigars | 1981 | V30 | | |
| 54 | | MURATOVŠ Jānis | 1981 | V30 | | |
| 55 | | ŠIPKOVŠ Māris | 1973 | V30 | | |
| 56 | | ŠIPKOVŠ Jānis | 1980 | V30 | | |
| 58 | | CERIŅŠ Kristaps | 1982 | V30 | | |



| Rank | Bib | Name | Year | Category | Time | Gap |
|----------|-----|-----------------------|------|----------|---------|---------|
| V | | | | | | |
| 1 | 57 | KOKOREVIČS Edgars | 1987 | V | 25:18.8 | |
| 2 | 21 | PĒTERSONS Armands | 1984 | V | 26:42.8 | 1:24.0 |
| 3 | 17 | GEIDĀNS Mikus | 1990 | V | 27:00.7 | 1:41.9 |
| 4 | 20 | GNEDLERS Ģirts | 1983 | V | 27:15.0 | 1:56.2 |
| 5 | 34 | PUIDZE Edgars | 1986 | V | 28:24.2 | 3:05.4 |
| 6 | 43 | KURŠĀNS Zigmārs | 1983 | V | 29:52.1 | 4:33.3 |
| 7 | 18 | OGORODŅIKOVŠ Jānis | 1988 | V | 29:55.6 | 4:36.8 |
| 8 | 62 | KLAPENKOVŠ Vladislavs | 1996 | V | 30:38.2 | 5:19.4 |
| 9 | 12 | GŪTMANIS Jānis | 1984 | V | 41:45.6 | 16:26.8 |

Did Not Start (4)

| | | | |
|----|-------------------------|------|---|
| 5 | RORBAHS Māris | 1983 | V |
| 9 | BAJĀRS Kaspars | 1983 | V |
| 26 | GRIGALINOVIČS Krišjānis | 1983 | V |
| 33 | SĪMANIS Andrejs | 1994 | V |

V30

| | | | | | | |
|----|----|-------------------|------|-----|---------|---------|
| 1 | 37 | ZAĻUPE Kristaps | 1976 | V30 | 24:47.0 | |
| 2 | 67 | CAUNE Atis | 1981 | V30 | 26:51.7 | 2:04.7 |
| 3 | 30 | ŽUNDA Vjačeslavs | 1977 | V30 | 27:12.0 | 2:25.0 |
| 4 | 1 | LĀCIS Mareks | 1977 | V30 | 27:15.8 | 2:28.8 |
| 5 | 61 | SEROVS Aleksandrs | 1979 | V30 | 28:37.9 | 3:50.9 |
| 6 | 66 | SPROĢIS Jānis | 1981 | V30 | 29:05.8 | 4:18.8 |
| 7 | 49 | ĀBOLIŅŠ Arnis | 1974 | V30 | 30:07.2 | 5:20.2 |
| 8 | 40 | SKOPANS Uģis | 1973 | V30 | 31:02.5 | 6:15.5 |
| 9 | 51 | LACIS Janis | 1973 | V30 | 31:17.4 | 6:30.4 |
| 10 | 50 | SEDLINS Uldis | 1976 | V30 | 31:30.5 | 6:43.5 |
| 11 | 14 | BAGATSKIS Kaspars | 1981 | V30 | 32:10.1 | 7:23.1 |
| 12 | 71 | PODNIĒKS Jānis | 1977 | V30 | 33:54.9 | 9:07.9 |
| 13 | 22 | KARPOVS Andris | 1981 | V30 | 36:41.0 | 11:54.0 |
| 14 | 69 | POGA Gustavs | 1981 | V30 | 37:03.2 | 12:16.2 |
| 15 | 70 | LIZBOVSKIS Lauris | 1973 | V30 | 44:53.2 | 20:06.2 |

Did Not Start (5)

| | | | |
|----|-----------------|------|-----|
| 48 | KALĒJS Aigars | 1981 | V30 |
| 54 | MURATOVŠ Jānis | 1981 | V30 |
| 55 | ŠIPKOVŠ Māris | 1973 | V30 |
| 56 | ŠIPKOVŠ Jānis | 1980 | V30 |
| 58 | CERIŅŠ Kristaps | 1982 | V30 |

V40

| | | | | | | |
|---|---|-----------------|------|-----|---------|--|
| 1 | 6 | PUTNIS Daumants | 1970 | V40 | 24:52.7 | |
|---|---|-----------------|------|-----|---------|--|



| Rank | Bib | Name | Year | Category | Time | Gap |
|------|-----|--------------------|------|----------|---------|---------|
| 2 | 19 | CELMIŅŠ Aigars | 1965 | V40 | 25:00.5 | 7.8 |
| 3 | 64 | JANKOVSKIS Girts | 1970 | V40 | 27:28.8 | 2:36.1 |
| 4 | 28 | JONIČENKO Andis | 1966 | V40 | 28:29.3 | 3:36.6 |
| 5 | 65 | JĀKOBSONS Mārcis | 1970 | V40 | 28:53.6 | 4:00.9 |
| 6 | 4 | KALNIŅŠ Uldis | 1969 | V40 | 29:14.8 | 4:22.1 |
| 7 | 42 | ZASPENKO Vladimirs | 1965 | V40 | 29:20.4 | 4:27.7 |
| 8 | 7 | MARKITĀNS Agnis | 1972 | V40 | 30:38.8 | 5:46.1 |
| 9 | 11 | GROBIŅŠ Mārtiņš | 1963 | V40 | 31:37.1 | 6:44.4 |
| 10 | 16 | FREIMANIS Rauls | 1964 | V40 | 38:59.0 | 14:06.3 |

Did Not Start (1)

| | | | |
|----|-------------|------|-----|
| 45 | ŠUMA Aigars | 1970 | V40 |
|----|-------------|------|-----|

V50

| | | | | | | |
|---|----|-------------------|------|-----|---------|---------|
| 1 | 2 | BEČERS Līgonis | 1956 | V50 | 26:45.2 | |
| 2 | 46 | LOGINS Aivars | 1961 | V50 | 29:40.4 | 2:55.2 |
| 3 | 60 | KRŪMIŅŠ Ilmārs | 1955 | V50 | 31:25.9 | 4:40.7 |
| 4 | 44 | GRĪNBERGS Pēteris | 1957 | V50 | 31:49.3 | 5:04.1 |
| 5 | 10 | CIBULS Valdis | 1961 | V50 | 31:57.8 | 5:12.6 |
| 6 | 27 | CAUNE Dainis | 1951 | V50 | 32:37.7 | 5:52.5 |
| 7 | 38 | ZALUPE Sergejs | 1952 | V50 | 37:03.3 | 10:18.1 |
| 8 | 72 | POMAZANOVŠ Aigars | 1955 | V50 | 37:50.5 | 11:05.3 |

Did Not Start (1)

| | | | |
|---|--------------|------|-----|
| 8 | RŪTIŅŠ Jānis | 1958 | V50 |
|---|--------------|------|-----|